

 Op-Ed
 2
 Community
 18-19

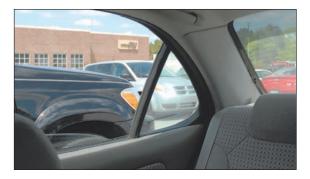
 News
 3-8
 Cops
 22

 Feature
 9-10
 Chapel
 24

 MWR
 13
 Sports/Fitness
 32

 Health
 17





Watch Out Backing Up!

Recent DES study shows PX and commissary among the most accident-prone high-traffic areas.

page 3

The Fort Jackson Control Con

Thursday, April 10, 2008

Published for the Fort Jackson/Columbia, S.C. Community

www.fortjacksonleader.com

Competition for top Soldier, NCO set to heat up

Chris Rasmussen

Leader Staff

Fort Jackson's elite warriors will go head-to-head next week in a competition to determine the 2008 Noncommissioned Officer and Soldier of the Year.

The three-day event, which begins Monday, will test the four previous Fort Jackson NCOs and Soldiers of the quarters from each training brigade and Initial Entry Training units assigned or attached to the post.

"It helps us identify the best noncommissioned officers and Soldiers on the installation through a series of professionally conducted events measuring physical fitness, tactical and professional knowledge," said Command Sgt. Maj. Brian Carlson, post command sergeant major. "But it also elevates their capabilities by preparing for such an event."

This year's event will consist of an Army Physical Fitness Test, rifle qualification, land navigation, warrior tasks, a 50-question written exam and a board appearance. Warrior tasks include deploying a Claymore Mine, performing an IV saline lock, maintaining an M-16, issuing a warning order and putting on NBC gear.

The 165th Infantry Brigade will host the event and is responsible for the planning, coordination, briefing and execution.

"The competition really boosts morale and sets the NCOs and Soldiers up for success," said event organizer 1st Sgt. Frederick Jackson, 1st Battalion, 34th Inf. Reg. first sergeant. "It is a great way for them to master their common skills."

The event will begin with the APFT and will be followed with rifle qualifications on Range 10. On Tuesday, participants will be tested on their warrior tasks and conduct day and night land navigation. A board appearance Wednesday in front of the post command sergeants major will cap off the competition.

An awards ceremony will be held at the conclusion of testing events to recognize winners. Winners will proceed to represent Fort Jackson in the 2008 U.S. Army Accessions Command NCO/SOY competition.

In 2007, NCO of the Year was Sgt. Johnny Rodriguez, 193rd Inf. Bde.; Soldier of the Year was Staff Sgt. Brian Winters, 120th Adjutant General Battalion (Reception). Winters, as a specialist, moved on to become the U.S. Army Accessions Command Soldier of the Year and was the runner-up in the U.S. Army Training and Doctrine Command Soldier of the Year competition.

Chris.Rasmussen@conus.army.mil

Contacting the Leader

To submit a story idea or an announcement, or to request coverage of an event, e-mail details to FJLeader@conus.army.mil.

Loosening up to go live



Photo by Chris Rasmussen

Pvt. Carla Espedi, Company E, 2nd Battalion, 60th Infantry Regiment, throws a practice grenade Wednesday morning at Remagen Hand Grenade Course. This exercise prepares Basic Combat Training Soldiers to throw a live hand grenade, which they are required to do before graduating.

OPINION - EDITORIAL

Ask the Garrison Commander

Competing assignments; summer vacation



Col. Dixon

I have been selected to attend Officer Candidate School. I am also on assignment to Kuwait as an enlisted Soldier. Do I have any options?

A Yes, you may submit a DA Form 4187 through your brigade S1 requesting to be deleted from the assignment to Kuwait.

In accordance with MILPER Message 07-210, Soldiers who are selected to attend OCS are not deployable. However, there are certain assignments that are priority one. Human Resources Command is

the final approving authority.

I'm in the process of making plans for my children's summer vacation and would like to know more about what is being offered at Fort Jackson. My children will be on vacation for 11 weeks and I need care for my fourth and fifth graders. Where can I find information about what is being offered, eligibility and when summer-camp registration begins?

A School Age Services offers Camp Vision Quest (Making a Difference) located at the Youth Center, 5975 Chesnut Road. Signup began April 1.

Children attending camp must first be registered with Child and Youth Services. Registration is handled at the Central Enrollment Office located in the Joe E Mann Community Center, 3392 Magruder Ave. Appointments for registration are available to reduce waiting times (walk-ins are taken on a space-available basis). To make an appointment, call 751-4865.

Vision Quest hours of operation are weekdays from 4:30 a.m. to 6:30 p.m. Vision Quest is designed for youth who have completed first through fifth grades.

Family members of active duty and retired military personnel, Reserve and National Guard on active duty, civilian employees and employees of Department of Defense contractors are eligible to use the camp

Garrison Fact of the Week

Your heart beats an average of more than 100,000 times in one day.

To submit questions to "Ask the Garrison Commander," call 751-5442, or e-mail Scott.Nahrwold@conus.army.mil.

Proclamation for Child Abuse Prevention Month – April 2008

We are an Army at war, and we recognize that both our Soldiers and our Families make sacrifices every day. With deployment being a significant reality of Army life, it is imperative that our Soldiers understand that their spouses and children have our support.

The reality is that deployments are long, unpredictable, and dangerous. This puts significant stresses on Soldiers, spouses, and children. The Army has built powerful responses to these challenges, but it is not enough to just say "we have the services you need."

We now know from research published in the *Journal of American Medical Association* that some Army children touched by parental deployment to Iraq and Afghanistan are at greater risk for child neglect. The research confirms that the tremendous stresses (parenting alone, anxiety for the parent in harm's way) experienced by Families contribute to the problems associated with higher increases of injury and abuse.

Now, more than ever, we have to demonstrate our commitment to provide our children, their parents, and caregivers with a strong supportive environment where children can be safe and thrive. The quality of life for our Families must match the quality of their Soldiers' service.

As Commander of this installation, I ask that we all rededicate ourselves to protecting all children here at Fort Jackson. I charge everyone in the Fort Jackson community, inside and outside the gate, to get involved in supporting child abuse prevention.

Therefore, our Child Abuse Prevention Month Campaign for 2008 must reinforce the promises of the Army Family Covenant. Just as we give full support to the force, we must give full support to our Families.

We are Army Strong. Now, in Child Abuse Prevention Month 2008, we need to show that we are Army and Community Strong in Keeping Children and Families Safe.

AMES H. SCHWITTERS
Brigadier General, U.S. Army
Commanding

Did You Know?

It is illegal to throw yard waste into a trash can, dumpster, roll-off bin, "herbie-curbie" or any other trash receptacle. Yard waste, such as grass, leaves, pine straw, tree limbs, bushes and flowers must be mulched or composted. Fort Jackson's Mulch Site is located on Golden Arrow Road and is open 8-11:30 a.m. and 12:45-2:45 p.m., Monday through Friday, except for holidays. Housing residents can place yard waste on the curb on Wednesday for pick up.

Leader

Fort Jackson, South Carolina 29207

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DES studies high-traffic accident areas on post

Mike A. Glasch
Leader Staff

A trip to the commissary or post exchange might put more than just a dent in your wallet; it could put a dent in your vehicle as well. According to a study done by the Directorate of Emergency Services, these are the mostly likely places on post to get into a traffic accident.

There were 248 traffic accidents on Fort Jackson in 2007. Thirteen (5.6 percent) of them were either at the PX or commissary.

"Studies like these should be a standard law enforcement practice to see if there are specific trends," said. Lt. Col. Greg Vibber, director, DES. "That way proactive steps can be taken to help eliminate as many accidents as possible."

After breaking down all the accidents by location and time, the results didn't come as a shock to DES traffic accident investigator Sgt. Danny Cox.

"Not surprising, you are going to have the most accidents in high traffic areas," Cox said.

In addition to the PX and commissary, other high traffic accident areas include Jackson Boulevard, Magruder Avenue and Strom Thurmond Boulevard.

The biggest cause of vehicle accidents, one out of every four, was improper backing. Speeding, failure to yield the right of way and failure to judge proper clearance were also high on the list of causes for accidents.

After identifying the major accident spots and causes, recommendations were made to alleviate the problems.

"One option is to increase the angle of parking spaces," Cox said. "If you are backing out perpendicular you are more likely to run into something as opposed to backing out at a 30-degree angle. Another option is to widen parking spaces to give drivers more clear room around their vehicle which would allow them to see better."

Vibber added the DES will be working with



Photo by Mike A. Glasch

A study by the Directorate of Emergency Services shows that high traffic areas such as the post exchange parking lot have the highest rates of vehicle accidents on post. The most common cause of accidents is backing out of a parking space improperly.

the Directorate of Public Works to add or change traffic signs alerting drivers to high traffic areas.

"We want to instill in drivers not to just go on autopilot; recheck your driving habits," he said.

Cox echoed Vibber's sentiment of drivers needing to pay more attention.

"Accidents tend to happen when you are in a hurry and try to rush things," Cox said. "If you pull out in front of someone and they are speeding, it can go down hill real quick."

Other proactive steps Vibber said can help cut down on accidents include more patrols in high traffic areas and getting unit commanders involved.

"If we find one unit where the Soldiers are getting into more traffic accidents than their peers, we want to get with the chain of command to make them aware of the problem and see what we can do to change driving habits," he said. "We want to make Fort Jackson a safer place to drive and a safe place for pedestrians as well."

Michael.A.Glasch@us.army.mil

Tourney benefits Soldiers, veterans

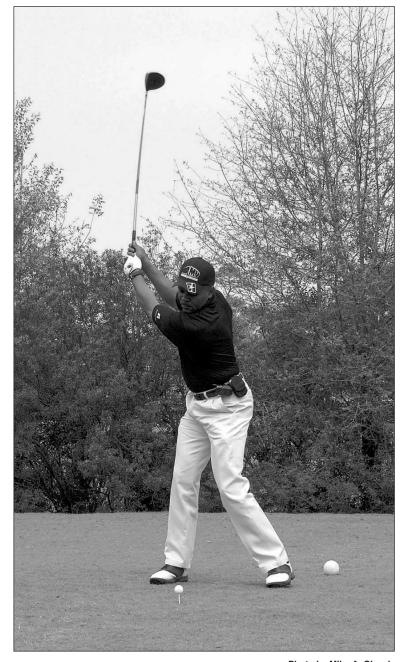


Photo by Mike A. Glasch

Charlie Lakin tees off on the first hole during Friday's 13th annual Soldiers and Vets Charity Golf Tournament at the Fort Jackson Golf Club. The tournament helps raise money for Red Cross activities at Moncrief Army Community Hospital and the Dorn VA Medical Center.

Convoy Live Fire mounted course opens at month's end



Chris Rasmussen Leader Staff

Conducting convoy operations is a critical skill for Soldiers in Iraq and Afghanistan. So much so, a new live fire course is being introduced at Fort Jackson to better replicate the types of situations they will face once they are deployed.

Camden Convoy Live Fire, which is slated to open for training April 21, is a 4.3-mile mounted combat course featuring remote-controlled pop-up targets. The course will replace Anzio Range, which has been used in the past to train Basic Combat Training Soldiers.

Brig. Gen. James H. Schwitters, Fort Jackson commanding general, observed candidates from the Drill Sergeant School go through a full-dress rehearsal of Camden Convoy Live Fire April 3.

Photo by Chris Rasmussen

Ray Hayes, Range Control inspector, checks a \$4,000 remote-controlled target system Tuesday at Camden Convoy Live Fire. The new mounted combat range will open April 21.

"This new course is designed to provide enhanced opportunity to train those specific individual and basic collective skills required to be successfull in theater," Schwitters said. "It is a considerable expansion and improvement of the training at Anzio. The added realism and increased opportunities to shoot will better prepare Soldiers for what they will encounter when they deploy."

Company B, 1st Battalion, 34th Infantry Regiment is the first company scheduled to use the course.

"We have a few things to do here and there, but we are ready to open," said Mark Smagner, Range Control chief of operations. "This should be a very interesting range. Everyone is pumped up about it."

The new course, which has the capacity to train up to company-sized platoons simultaneously, features an After Action Review Site, a staging area with ammo points and water pods where the convoys will start and finish.

The site is located along Fire Break 39 between Johnson Rifle and Dixie roads. The area has the capacity to

See Convoy Page 10

Around Post

AG Regimental Breakfast

The Adjutant General Regimental Quarterly Breakfast will be held 7-8 a.m., Friday at the NCO Club. For tickets or more information, e-mail Roger.Garcial@us.army.mil or call 397-8555.

Women's Self Defense, Safety Seminar

A Women's Self Defense and Safety Seminar will begin 5 p.m., April 18 at the MG Robert B. Solomon Center. To attend, visit the Soldier and Family Readiness Center at the Strom Thurmond Building, Room 218, or call 751-6325/6335.

NCO Dining In

The Soldier Support Institute Noncommissioned Officer Dining In will begin at 5:30 p.m., April 18 at the NCO Club. Tickets cost \$20 and must be purchased by April 16. The theme is "Past, Present, Future ... Good, Better, Best." Attire will be dress blues. For tickets or for more information, call 397-8555 or e-mail Roger.Garcial@us.army.mil.

Teen Job Readiness Center Grand Opening

The grand opening for the Teen Job Readiness Center will be held 4-6 p.m., April 24 at the Youth Center. A resource computer lab and a jobreadiness library will be available. An employment readiness counselor will be on-site. For more information, call 751-6153/5256.

Retiree Appreciation Days

Fort Jackson's Retiree Appreciation Days will be help April 25-26. Activities include a golf tournament, bowling tournament, health fair and expo and a dinner and dance. For more information, call 751-6715.

Museum Closed

The Fort Jackson Museum is closed for renovation and repairs. An announcement will be made when the museum reopens.

Phishing e-mail to MWR patrons turns out to be Army exercise

William Bradner

Family and Morale, Welfare and Recreation Command

More than 10,000 Soldiers, civilians and Family members with military e-mail addresses received an e-mail March 30 promising free tickets to area theme parks, with a link to a Web site that appeared to belong to the Family and Morale, Welfare and Recreation Command.

These e-mails were sent without the knowledge or consent of the FMWRC or installation MWR offices.

These e-mails were "phishing" e-mails developed by the Army Computer Emergency Response Team in a Global Computer Network Defense exercise, Bulwark Defender 08 (BD08) to test the defensive posture of the Army LandWarNet.

FMWRC officials were not alerted to the exercise in advance because the unit "limits the number of trusted agents" in phishing exercises of this type, according to ACERT officials.

FMWRC reacted decisively by informing its patrons that the offer was not legitimate, distributing a press release to media outlets worldwide in an effort to warn as many customers as possible, and coordinating through Army legal and information technology offices to have the bogus Web site shut down.

When ACERT officials finally confirmed late Monday the email and Web site were part of their exercise, FMWRC began coordinating with ACERT to prepare messages and media responses addressing the phishing scam, and more importantly, the breach of trust it represents to MWR customers.

"From the outside, looking in, the customer has no way of knowing FMWRC was not involved in this exercise," said Laurie Pugh, Public Affairs officer for FMWRC. "We have no idea how many of our customers this exercise has alienated."

FMWRC routinely sends e-mail messages to its customers and press releases to installation newspapers, inviting patrons to visit the official Web site to learn about new offers and promotions.

"The Family and MWR Command has spent decades and millions of dollars establishing our brand as one that can be recognized and trusted by Soldiers and families," Pugh said. "We have yet to determine how much of that trust has been undermined by this exercise."

The e-mail and Web site created by ACERT were convincing enough to entice more than 3,000 people to click through, in part

because of the use of the MWR Web graphics and logo, and in part because patrons are used to receiving similar messages.

"It's important to be alert to potential phishing attempts," Pugh said. "But it's also important for FMWRC to be able to use e-mail and our Web site as an effective marketing tool."

All legitimate e-mails from FMWRC will come from a ".mil" address, and links will direct patrons to www.armymwr.com.

When in doubt, do not click through the e-mail. Type www.ArmyMWR.com directly into a Web browser and see if the offer is advertised on FMWRC's official Web site.

ACERT officials sent a follow-up e-mail to the original 10,000 recipients of the "phishing" e-mail describing the exercise and asserting the e-mail was non-malicious.

Their second e-mail reads, in part:

"For those individuals responding to the ACERT phishing attempts regardless of what you submitted, no personal data was collected or transmitted.

This exercise illustrates how hackers can turn the popularity of a trusted resource such as the MWR Web site against unwitting personnel by using real information and activities openly available on the Internet.

We apologize for any inconvenience or false hope these e-mails may have caused. As users of Army network and information systems, you play an integral role in the Information Assurance and Network Security posture for the Army. As you know, phishing e-mails are a common method used by hackers to infiltrate Army networks and systems.

Your ability to identify and respond to phishing attempts is paramount to the defense of critical information systems that make up the Army LandWarNet.

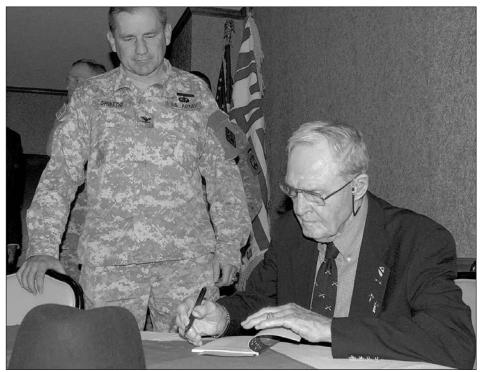
Soon, you will receive another e-mail from the ACERT that will provide education on how to identify "phishing" attempts as illegitimate.

We appreciate your participation in this exercise. Everyone plays a part in the security of the Army networks and systems. It is important for everyone to know the MWR brand can be trusted, so please forward this e-mail to anyone you may have shared the original "phishing" e-mail with."

Anyone with questions or comments in the conduct of the exercise should contact the ACERT at 703-706-1113.

'We Were Soldiers' three-star general inspires chaplains, leaders

Photo by Mike A. Glasch



Retired Lt. Gen. Hal Moore signs a copy of his book "A Soldier's Spiritual Journey" at the NCO Club Tuesday. Moore was the guest speaker for the Military Chaplains Association 83rd National Institute meeting. Moore is best known as the lieutenant colonel in command during the Battle of la Drang in Vietnam as portrayed by Mel Gibson in the movie, "We Were Soldiers."

Customer Service Corner

TRICARE payments a top concern

Christina Garza

Community FIRST Coordinator

The 2008 Army Family Action Plan Conference was held April 1 at Fort Jackson and included 36 delegates, 30 subject matter experts and 10 AFAP support staff.

Delegates represented the following constituent groups: Soldiers (active, Army National Guard and Reserves, including drill sergeants), retirees, veterans, civilian employees and family members. Two groups, consisting of 18 delegates each, discussed issues, which affect the well being of the Fort Jackson community, ending with 14 issues being developed. Following are four of the issues developed.

Issue: Improve goods and services for Fort Jackson Soldiers and family members.

Scope: The products offered on post are not competitive with the outside market in regards to selection and prices. Gas prices and products in the post exchange are equal to or more than off post, and the selection is limited. When the post does not provide the selection and costs, Soldiers and family members end up going elsewhere.

Recommendation:

- Reduce prices (i.e., gas and PX items) on the installation.
- Provide better product selection (alternative movie viewing and more products in the PX).
 - Extend shopping hours at all facilities.

Issue: Civilian employee attendance at post functions.

Scope: Some civilian employees are unable to attend post functions without using leave. Some organizations allow 30 minute lunches, but events are typically 1.5 hours long. As a result, civilian employees are unable to support these functions.

Recommendation:

- Implement and publish a civilian employee policy pertaining to attendance at post functions.
- Request the senior leaders to encourage employee participation at installation functions.

Issue: TRICARE authorization/reimbursement for urgent care.

Scope: Authorization and payments for urgent care received are not being paid to the civilian medical facilities. Urgent care visits to civilian medical facilities are not being paid because of discrepancies in urgent care versus emergent care. Services not paid result in stress and financial burden upon Soldiers and their families

Recommendation:

- Clarify and educate the civilian medical facilities on urgent care versus emergent care.
- Update billing codes to reflect the type of care in the civilian sector.

Issue: Inadequate processing time for Veterans Affairs disability rating claims.

Scope: The processing time for VA disability rating claims is too long. It is not uncommon for processing times to exceed seven months. The delay in processing results in diminished employment opportunities, compensation, entitlements and VA treatment.

Recommendation:

- Speed up the processing time for VA disability ratings.
- Provide a Veterans Integrated Services Network VA representative at the ACAP briefing.
- Educate the veteran on the process for tracking the disability rating claim.

Each issue will be published in the *Fort Jackson Leader* and on the Fort Jackson Customer Management Services Web site once action has either been completed, deemed unattainable or forwarded beyond Fort Jackson.

Submitted issues can be viewed or new issues submitted through the Customer Management Services Web site. April is issue submission month for third quarter FY 2008. Submit issues whether it affects Fort Jackson or the entire Army; feedback is important.

Help the community by submitting issues and recommendations online at http://www.jackson.army.mil/WellBeing/wellbeing.htm. Click on "Submit an Issue or Recommendation" or click on the AFAP Logo to submit an issue. Look for more issues from the AFAP Conference in next week's article.



A tip of the campaign hat to this week's ...

Drill Sergeants of the Cycle

from the "Forty Rounds" Battalion



Sgt. 1st Class Tonga Turner Company A, 2nd Battalion, 13th Infantry Regiment



Staff Sgt. Eric Griffin Company B, 2nd Battalion, 13th Infantry Regiment



Sgt. 1st Class Chad Wiram Company C, 2nd Battalion, 13th Infantry Regiment



Sgt. Nicholas Boyle Company D, 2nd Battalion, 13th Infantry Regiment



Staff Sgt.
Kathleen Cole
Company E,
2nd Battalion,
13th Infantry
Regiment



Sgt. 1st Class Salomon Guerra Company F, 2nd Battalion, 13th Infantry Regiment

ARMY NEWS ____

DoD to phase out full SSN on ID cards

Gerry J. Gilmore

American Forces Press Service

WASHINGTON — As a means of combating identity theft, the Defense Department will issue identification cards without full Social Security numbers on them, a senior official said recently.

The Defense Department cares about protecting personal information as well as increasing database security, Mary Dixon, director of the Defense Manpower Data Center based in Arlington, Va., told Pentagon Channel and American Forces Press Service reporters.

Identity theft is a very real problem today, Dixon explained. Criminals who pilfer SSN-bearing identity cards can virtually assume someone's identity through a few computer keystrokes and clicks of a mouse, she said.

TriCare, the military services' health maintenance organization, already has removed Social Security numbers from its members' identification cards, Dixon said.

Plans are to remove the Social Security numbers from identification cards issued to military family members by the end of this year, Dixon said, noting that those cards still would display the sponsors' number, for now.

Between 2009 and 2010, all department-issued identification cards will feature only the last four digits of a holder's Social Security number, she said.

About 3.4 million people now have department-issued Common Access Cards, Dixon said. Around two-thirds of those card holders are military members, and some civilians who deploy overseas, who have full Social Security numbers printed onto the back of their CACs.

"You might lose that card," Dixon pointed out, noting that family members, including children, could misplace their identification cards, too.

Modern information technology precludes the need to have full Social Security numbers printed onto employee and family member ID cards, Dixon said.

"Today, all of our (computer) systems can 'talk' to each other, so we don't necessarily need to know all of that information printed on your card," she said.

New identification cards will be issued as they reach their expiration dates, Dixon said



Photo Illustration by Carrie David Ford

Social Security numbers will be removed from family members' military identification cards by the end of 2008, and by 2009 or 2010, only the last four numbers of the sponsor's Social Security number will be displayed on all ID cards. The decision, which was announced April 3, is a means to combat identity theft.

VA recognizes women veterans' sacrifices

Department of Veterans Affairs

WASHINGTON — Recognizing the valor, service and sacrifice of America's 1.7 million women veterans, the Department of Veterans Affairs has created a comprehensive array of benefits and programs.

"Women who served this country in uniform — whether veterans of World War II, Korea, Vietnam, the Gulf War, the current Global War on Terror or peacetime service — have earned our respect and thanks," said Dr. James B. Peake, Secretary of Veterans Affairs. "They have also earned the full range of VA programs offered by a grateful nation."

Peake also announced the Fourth National Summit on Women Veterans Issues to be held June 20-22 in Washington D.C. The Summit will offer attendees an opportunity to enhance future progress on women veterans issues, with sessions specifically for the Reserve and National Guard, information on military sexual trauma and readjustment issues, after the military veteran resources and many more programs and exhibits.

Women veterans are entitled to the same benefits and medical care as their male counterparts, including health care, disability compensation, education assistance, workstudy allowance, vocational rehabilitation, employment and counseling services, insurance, home loan benefits, nursing home care, survivor benefits and various burial benefits.

VA also has a multitude of services and programs to respond to the unique needs of women veterans. VA offers comprehensive, high-quality primary health care services for women, including Pap smears, mammography and general reproductive health care.

Along with these services, VA's mental health care for women includes substance abuse counseling, evaluation and treatment of military sexual trauma and Post Traumatic Stress Disorder.

VA has several specific initiatives for 2008 including:

- enhancing skills of primary care providers who treat women veterans:
- examining other women's health issues, including cardiac care, breast cancer, and colorectal cancer in women;
- focusing on family issues and avoiding birth defects through enhanced pharmacy practices for women veterans of child bearing age.

Women veterans are the fastest growing segment of the veteran population second only to elderly veterans. Approximately 1.7 million women veterans comprise 7 percent of the total veteran population. Approximately 255,000 women use VA health care services. Today, more than 200,000 women are serving in the Armed Forces. With the increasing number of women, VA estimates by 2020 women veterans will comprise 10 percent of the veteran population.

There is a women veterans program manager at every VA medical center, a women's liaison at every community based outpatient clinic and a women veterans coordinator at every VA regional office.

VA is reaching out to women veterans who are experiencing problems related to sexual trauma or harassment while in the military.

All veterans, men and women, may receive free counseling, disability compensation, and related services for sexual trauma incurred in the military. In addition, there are programs for women veterans who are homeless or are victims of domestic violence.

There is a Military Sexual Trauma point of contact for psychotherapy at every VA medical center. Extensive enhancements of the MST program have taken place over the past two years, including training of providers in the most current effective treatments for PTSD and sexual trauma. In addition, VA has sites for combat PTSD in women and is examining how best to address complex combat and MST issues.

In addition to the services provided at each VA medical center, the Department also operates 50 Women's Health Centers, within medical centers, that serve as specific locations for women veterans to receive care. These centers develop new and enhanced programs for women; some also conduct research on medical and psychosocial issues.

Peake recently visited the largest women's center in the VA, located at the James A. Haley VA Medical Center in Tampa, Fla. With more than 20,000 women veterans enrolled for care, the center is able to provide a variety of women specific services in one location.

Through its Center for Women Veterans and the Secretary's Advisory Committee on Women Veterans, VA is continually looking into new and innovative ways to provide improved benefits and services to women veterans.

More information on the Fourth National Summit on Women Veterans Issues can be found at www.va.gov/wom-envet. For more information about VA benefits and services, veterans may contact their local VA regional office, medical center, or vet center. For questions concerning VA benefits, call (800) 827-1000, for questions concerning VA health care, call (877) 222-8387 or go visit http://www.va.gov.

MARKING TIME

The lake that isn't, wasn't always called Semmes Lake



Leader File Photo

Hold on there! Semmes Lake was not always named after the famed Confederate Naval Commander Raphael Semmes. It was originally called Dozier Lake, named after Maj. Gen. James C. Dozier, a World War I veteran and Medal of Honor recipient. But because no lake or site on a military reservation can bear the name of a living person the lake was renamed after Semmes, according to the May 17, 1941, issue of the Army Times Fort Jackson Edition. At the time, Dozier was 56 years old and very much alive.

Have a historical tidbit to share?

The *Leader* is seeking historical stories and photos to use in its weekly Marking Time section. Retirees, veterans and community members with an interesting fact, story, photo, artifact, etc. pertaining to Fort Jackson should e-mail *fileader@jackson.army.mil*.

FEATURE_____

Later-in-life enlistment has its advantages

Susanne Kappler Leader Staff

Staff Sgt. Brian Winters joined the Army at an age when many Soldiers are already seasoned veterans, possibly even with an eye toward retirement in the not too-distant future.

Winters, however, has been able to use his age to his advantage and is moving quickly through the ranks.

Winters, 37, joined the Army five years ago when the family business where he worked was sold. He decided to become a chaplain assistant.

"I have a ministry degree. So I figured it would probably be more in my lane, I'm more in my comfort zone," the father of two said. "It's been a great choice. I love the job."

His military career includes two deployments to Iraq in support of the Global War on Terror and a tour of duty in Germany.

He has been assigned to the 120th Adjutant General Battalion (Reception) for almost two years — and has many achievements on his record. Last year, as a specialist, Winters was named Fort Jackson's Soldier of the Year.

He moved on to become the U.S. Army Accessions Command Soldier of the Year and was the runner-up in the U.S. Army Training and Doctrine Command Soldier of the Year competition.

The recognition has boosted Winters' confidence.

"Coming into the Army at a later age, you know you have some issues: 'Am I physically able to do a lot of the stuff?'" he asked. "And (becoming Soldier of the Year) underscores the fact that, yes, I am. I'm not quite over the hill yet and still have a little fight left in me."

Winters also pointed out that there are positive factors to his age.

"You have a maturity and a grasp of life that you don't have at 20. Life is a little more serious, not boring, but a little more serious at that time," he explained. "The biggest advantage my age gave me

was experience and insight just to make right decisions and think things through."

Chaplain (Capt.) Charles Barna, 120th AG Bn., agrees that Winters' maturity played a role in his success.

"He came into the Army an older individual, an individual who had done a lot with his life prior to coming in. And I think that was one of the things that first set him up for success," Barna said.

Winters' maturity is not the only factor contributing to his achievements, though.

"I am stubbornly driven to get things done," he revealed. "If I set out to do something and I want something and I can conceive that it's doable, then I just keep hammering at it. If someone says no, well, then I'll go ask somebody else; and if they shut the door, then I'll go ask somebody else."

That persistence also played a role in accomplishing Winters' next career move. Once again, his age could not hold him back and he was accepted to attend Officer Candidate School — despite the school's standard practice of not accepting candidates older than 29.

"When I first came in, I was told immediately — right off the bat — that I was too old. And I kind of accepted that," Winters said. "(Then) I found out there's such a thing as a waiver, but they're not giving any waivers," he continued. "When I came to Fort Jackson and I sat down for my initial interview with my company commander, he asked me, 'Why aren't you going to OCS, you have a degree?' And I said, 'I'm too old.' And he said, 'No, you're not. I can get you a waiver.' And I began my quest at that time."

That quest will lead him to Fort Benning, Ga., where he is scheduled to attend OCS in June to become an Air Defense Artillery officer.

"It's a big stretch (from being a chaplain assistant)," he said. It'll be fun to see how I do that."

Judging by his track record, the sky is the limit.

Susanne.Kappler1@us.army.mil



Photo by Susanne Kappler

Staff Sgt. Brian Winters, 120th Adjutant General Battalion (Reception) chaplain assistant, prepares for a religious service at the 120th AG Bn. chapel. Winters, who enlisted five years ago at the age of 32, has fast tracked up the Army's ranks and will be attending Officer Candidate School in June.

Convoy (continued from Page 3)

hold 14 convoy vehicles.

Seven convoy vehicles at a time would proceed onto the course, which would include a lead command High Mobility Multipurpose Wheeled Vehicle (HMMWV), four gun trucks, an ambulance and a follow HMMWV equipped with a Squad Automatic Weapon (SAW).

The course goes down the firebreak, jogs along another firebreak until meeting Dixie Road near Remagen Hand Grenade Range.

The convoy would then travel down Dixie Road, turn

south down another firebreak before entering the live-fire portion of the course between the Forward Aid Station and Omaha Beach Range.

The live-fire portion of the course is 2.1 miles and includes six infantry and tank target areas spread across its length. Targets are remote controlled and pop up as the convoys pass.

Troops will traverse the course three times — a dry run, a blank run and a live-fire run. It is expected to take about 30 minutes to complete during the live-fire run.

The project, which was approved in 2005 by then Fort Jackson Commanding General Brig. Gen. Abraham Turner, follows a convoy operation design created by the Army Corps of Engineers.

Funding for the new course, however, was deferred until 2007 because of Base Realignment and Closure priorities.

Anzio Range Convoy Live Fire will remain open for the Drill Sergeant School and Advanced Individual Training Soldiers.

Chris.Rasmussen@us.army.mil

MWR _

Hearts Apart supports military families

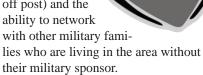
Patricia Guillory

Army Community Services

Hearts Apart is a support network sponsored by the Fort Jackson Army Community Service. This support group has been established for military families who are waiting for their service member to return from an unaccompanied tour. The Hearts Apart family support network links military family members with other families who are left behind because of the sponsor's mission requirements.

Army Community Service provides military families a support-

ive group setting for activities. opportunities to learn about available resources (on and off post) and the



The ongoing contact of a supportive group or a friendly gathering seems to

offer the greatest comfort to those separated from their loved ones.

The Hearts Apart Waiting Support group offers families an opportunity to connect with old and new friends, and provides information and quality support to waiting family members of military and Department of Defense civilian personnel.

Military commanders realize that family well-being can affect a Soldier's ability to focus on his or her mission. The Hearts Apart support group helps to ensure that the family is supported while the Soldier is away. Through informal programs, Hearts Apart can provide supportive fellowship, education, referral and assis-

Hearts Apart encourages families to maintain contact with their command and unit family group. Families who live either too far from the unit or from other military families can stay connected through the resources available on-line and in their community.

How does Hearts Apart work?

Hearts Apart is designed to help family

members make prolonged separations more bearable. Whenever a Soldier is leaving on a deployment or an unaccompanied tour of duty, ACS staff works with commanders to obtain accurate contact information for the family.

Once the family is identified, ACS makes every effort to reach the family to assess the need for services and information; provide answers to questions with ongoing information updates; and act as liaison with military and civilian organizations.

ACS invites spouses to participate in Hearts Apart support meetings to share activities such as monthly birthday celebrations; holiday events; arts and crafts activities such as scrapbooking; Powder Puff Mechanics, self-defense and much more.

Hearts Apart activities will differ to meet the needs and special interest of the individuals involved.

For example, groups which include members who have small children may tend to be child focused with emphasis on playgroups. Groups with members who have older children might focus on sports events and fishing.

How is Hearts Apart structured?

Hearts Apart is not formally structured; instead, family members are invited to

meetings and events focused on sharing ideas about things to do.

It is designed to be a fun-filled, relaxing and informative time to meet with other spouses and families in similar situations. The group usually meets

monthly for activities such as bowling, skating, pizza and movie nights, book clubs, card games, parties for children or making arts and crafts or special holiday gifts for the absent family member.

Army Community Service at Fort Jackson invites family members to join the local Hearts Apart support group.

For more information on this group or to join, call 751-7489 or e-mail Patricia.Guillory@jackson.army.mil.



Southern Style Lunch Buffet, from 11 a.m. to 2 p.m. at the Officers' Club. The buffet is open to everyone.

Visit Century Lanes for food, fun and bowling. A Parent Luncheon for

children attending the Scales Avenue Child Development Center

will begin at 11 a.m. The luncheon is for parents of children in the Toddler 2 and 3 groups.

Participate in the South Carolina Golf Association One Day Tournament, beginning at 8 a.m. at the Fort Jackson Golf Club.

Friday

Play Victory Bingo and win prizes up to \$15,000. There are guaranteed \$50 payouts.

Artistic Expression with Jake begins at 6:30 p.m. at the Youth Center Teen Room.

Sign up on tee for the Fort Jackson Golf Club Masters at the Fort Jackson Golf Club.

The **Middle School Dance** will begin at 7 p.m. at the

A Parent Luncheon for children attending the Scales Avenue Child Development Center will begin at 11 a.m. The luncheon is for parents of children in the Preschool 4 and Kindergarten groups.

Dance to a variety of music provided by DJ Randall at Magruders Club from 9 p.m. to 3 a.m. The club is located in the back of Magruders Pub and the cover charge is \$3 for military and \$5 for civilians.

Saturday

Step Team practice begins at 2 p.m. at the Youth Center Dance Room.

The NCO Club presents Classic Soul Saturday from 9:30 p.m. to 2 a.m. in the Excalibur Room. The cover charge is \$3 for military and \$5 for civilians. Live broadcasts from the BIG DM 101.3 with giveaways are 9:30-

Enjoy Blacklight Bowling at Century Lanes, 9-11:30 p.m. Register to win a Wii. Get a strike when the green pin is in the head position and you could win up to \$100. Come in and register to win a Wii.

Enjoy a free concert by the U.S. Army Field Band, 7 p.m. at the MG Robert B. Solomon Center.

A Family Child Care Picnic will be held 11 a.m. at Twin Lakes.

Play Victory Bingo 12:30-4:30 p.m.

Come to brunch from 11 a.m. to 2 p.m. at the Offi-

Family Day at the Youth Center will be held 2-6

The NCO Club presents a full lunch buffet, featuring fried chicken or fish, fresh vegetables, a full salad bar, soup, assorted desserts and a beverage from 11 a.m. to 1:15 p.m. for \$7.

Participate in the Ashbury Scholarship Tournament, beginning at 12:30 p.m. at the Fort Jackson Golf

Movie Night begins at 6 p.m. at the Youth Center in

Enjoy **free movies** every Tuesday at Magruders Pub.

Wednesday

Be a sensation with Karaoke with Tom Marable at Magruders Club at 7:30 p.m. Cover charge is \$3 for military and \$5 for civilians.

A Moms and Muffins get-together will be held 6-6:45 a.m. at the School Age Services building.

Ongoing Offers

- The **NCO Club lunch buffet** is served from 11 a.m. to 1:15 p.m., daily. The cost is \$7 for adults and \$3.75
- The NCO Club breakfast is served 6-9 a.m., Monday through Friday. The cost for adults is \$7 and \$3.75 for children 4-10 years old.
- The Officers' Club specializes in catering wedding receptions, anniversaries, promotions and other special occasions.

The NCO Club caters to all your needs: dining in, dining out, promotions, breakfasts, meetings, birthdays, weddings, graduation, retirements and any other special occasion.

- Victory Travel has special offers for a variety of dinner shows and attractions. Some require reservations. Stop by Victory Travel in the MG Robert B. Solomon Center for more information on available dis-
- Child care fees are based on total family income. Care during duty hours is work-related, so fees are based on a family's ability to pay a fair share. The Army makes no profit, but funds the difference in what is paid and the actual cost of child care. For more information, call 751-4865.
- Fort Jackson is in need of Family Child Care Providers. The next Family Child Care Orientation Training will be from 8 a.m. to 4 p.m., May 12-15 at the Joe E. Mann Center. Military spouses who are living in government quarters and DSS registered off-post child care providers may apply to become certified to provide child care to military families in their homes. You must apply by Friday to attend the course. Call

HEALTH__

Nursing students explore Army for a weekend

Maj. Jack Holdford Moncrief Army Community Hospital

What is it like to be an Army nurse? How are Army nurses different from civilian nurses? These questions were explored by 10 non-ROTC nursing students from Clemson and South Carolina State universities as they recently attended the inaugural "Be an Army Nurse Weekend" at Fort Jackson's Moncrief Army Community Hospital.

The college students postponed their spring break to spend time with Army nurses and to explore the opportunities, too.

The weekend program included "Army nurse training." The nursing students shadowed Army nurses in clinical areas, spent one-on-one time with Army nurses, ate in the dining facilities with Army nurses and learned that Army nursing is very similar to civilian nursing.

According to one student, "It seems like Army nurses just see so much more in a shorter amount of time; I mean, other than that, they are still nurses."

In addition to having clinical experiences, the nursing students saw other dimensions of Army nursing by watching the documentary, "Baghdad ER," attending a presentation on a humanitarian mission to post-earthquake Pakistan and spending a few hours at the Team Development Course.

Maj. Gen. Gale Pollock, Chief of the Army Nurse Corps, said she believes that every nurse is a recruiter. Programs like Moncrief Army Community Hospital's "Be an Army nurse Weekend" give future nurses a taste of Army Nursing and allow them to see the opportunities available to today's Army nurse.



Photo by Nichole Riley

Local college nursing students spent time with the Department of Nursing staff at Moncrief Army Community Hospital to see how nursing is done the "Army way."

Occupational therapy open house set

American Occupational Therapy Association

The Occupational Therapy Department at Moncrief Army Community Hospital will be hosting an Open House today from 11 a.m. to 1 p.m. on the hospital's 11th floor. Everyone is invited to attend and learn about services on Fort Jackson.

For millions of people, the service of occupational therapy is a lifeline. People of all ages receive it to help them participate in the activities of their daily life.

Sometimes people need occupational therapy to do things others take for granted, like getting dressed, being productive at school or work, eating without assistance or socializing.

Occupational therapy does not just treat medical conditions, it helps people stay engaged in the activities that give them pleasure or a sense of purpose, despite challenges.

Occupational therapists do this by helping people surmount their disabilities or medical conditions to do everyday activities.

The nature of the therapy depends on the patient and his or her environment; occupational therapists consider the whole person when developing a therapy plan. Occupational therapists collaborate with physicians and other professionals to ensure a comprehensive approach.

Children, for instance, sometimes have behavioral or developmental problems, which limit their educational progress. Lawmakers believe occupational therapy is so important to the well-being of children, federal law mandates that schools must offer occupational therapy to children who need it.

Occupational therapy is "outcome-oriented," which means therapists help clients work toward achievable performance goals.

In rehabilitation clinics or hospitals, occupational therapists and occupational therapy assistants help adults

learn or regain skills that allow them to do meaningful things like working, driving, shopping and preparing a meal. All types of people need this kind of help every day, from a worker injured on the job to a grandparent recovering from surgery or a stroke.

Occupational therapy helps avoid health problems and makes it easier to live with them.

Occupational therapy research proves that keeping people active and healthy as they age will improve their quality of life as well as lower their health care costs.

That is why there are occupational therapy programs focusing on wellness and prevention — to help seniors stay healthier and remain active in their homes and communities.

Trained therapists can make homes safer for people with reduced mobility and failing vision. Occupational therapists can also teach seniors new driving techniques that will keep them behind the wheel longer, as safe drivers.

Occupational therapy addresses one of the most important aspects of rehabilitation and recovery — the return to a normal life.

Occupational therapy has its roots, a century ago, in helping war veterans return to life at home. These days, occupational therapists work in rehabilitation hospitals and on the front lines of combat.

Some occupational therapy programs help Soldiers recognize and relieve stress. In addition, occupational therapy helps Soldiers learn to care for themselves after an injury, including helping them use artificial limbs.

In recognition of all the ways occupational therapy contributes to society's well-being, April has been designated as Occupational Therapy Month.

To find out more about occupational therapy and how it might help you, visit the American Occupational Therapy Association's Web site, *www.aota.org*.

Pharmacies open on Saturday

On-post pharmacies are open Saturdays for customer convenience. The main hospital pharmacy is open from 7:30 a.m. to noon and the refill pharmacy is open from 9 a.m. to noon. To refill a prescription: call toll-free (866) 489-0950; call 751-2250; or visit online at http://www.moncrief.amedd.army.mil.

Helpful Information

Toll-free phone number for MACH is (877) 273-5584 or call locally at 751-CARE (2273), or visit www.moncrief.amedd.army.mil www.tricare.osd.mil

Health Talks

To have a professional staff member from MEDDAC address a group on health care subjects or preventive medicine, call the health promotion coordinator at 751-5035 or the Department of Quality Management at 751-2501.

Did you know?

- Eighty hairs are likely to fall every day.
- The human skin contains 45 miles of nerves.
- Most people blink about 25 times per minute.
- A sneeze moves out of our mouth at a speed of 100 meters per hour.

COMMUNITY HIGHLIGHTS.

This Week

Personal Financial Readiness

A Personal Financial Readiness class will be held 8:30-10:30 a.m., today at the Education Center, Room B302. To register or for more information, call 751-5256/6325.

Employment Readiness Program Orientation Class

An Employment Readiness Program Orientation will be held from 8:30 a.m. to noon, Tuesday at the Strom Thurmond Building, Room 213. Topics include job search tips, benefits of using employment agencies, the South Carolina Commission office and more. For more information or to register, call 751-5452/6153.

Art of Prevention Expo

The second annual Art of Prevention Education/Expo will be held from 8:30 a.m. to 4 p.m., Tuesday at the MG Robert B. Solomon Center. For more information, call 751-5256/6325.

Breastfeeding Support Group

A Breastfeeding Support Group will meet from 10 a.m. to noon, Tuesday at the Strom Thurmond Building, Room 229. To register or for more information, call 751-5256/6325.

Financial Readiness for First-Term Junior Enlisted Soldiers

A mandatory financial readiness class for first-term junior enlisted Soldiers whose first duty station is Fort Jackson will be held from 8:30 a.m. to 4:30 p.m., Wednesday, at the Education Center, Room B302. To register or for more information, call 751-3580 or e-mail Kimberly.Bottema@jackson.army.mil.

Upcoming

Financial Readiness for Initial PCS

A class on financial readiness for Soldiers who PCS for the first time will be held 8:30-10:30 a.m., April 17 at the Education Center, Room B302. For more information, call 751-5256/6325.

Flamingo Women's Support Group

The Flamingo women's support group will meet from 11:30 a.m. to noon, April 17 at the Strom Thurmond Building,

Home needed

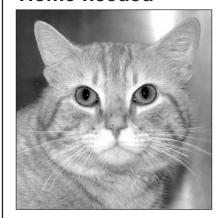


Photo by Susanne Kappler

This 1-year-old male orange cat at the Fort Jackson Veterinary Clinic needs a home. For information on adoption, call 751-7160.

Room 213. For more information, call 751-5256/6325.

AG 5K Fun Run

The 369th Adjutant General 5K Fun Run will begin at 9 a.m., April 19 at Hilton Field. Registration is \$10 per person for sergeants and above and civilians and \$5 per person for specialist and below.

The first 200 people to register will receive a water bottle. For registration information, call 751-0795 or e-mail *Robert.Aubuchon@us.army.mil*.

Passover Holiday

Fort Jackson's military members will celebrate the Passover holiday with the first seder and dinner at 7:30 p.m., April 19 at the Officers' Club. Enlisted Soldiers get in free. Cost for civilians is \$30 per adult and \$15 per child 5-12 years old. To RSVP or for more information, call 787-7217 or 738-2100.

Car Buying

A class on car buying will be held 8:30-10:30 p.m., April 22 at the Education Center, Room B302. For more information, call 751-5256/6325.

Starting and Running a Small Business

A class on starting and running a small business will be held 9-11:30 a.m., April 22 at the Education Center. For more information and to register, call 751-6062.

Spouses to Teachers

A seminar on the Spouses to Teachers

Have a Community Announcement?

Community submissions to the Leader should be typed, no more than 45 words, and should include: who (is affected or involved), what (it is), when (it occurs including time and date), where (it is taking place), and a why if necessary. They must be submitted to the Leader by noon, Monday. The Leader reserves the right to edit announcements for style, grammar and to fit the space. To submit an announcement to the Leader, e-mail it to FJLeader@jackson.army.mil

program will be held 1-2 p.m., April 22 at the Education Center. For more information and to register, call 734-4014.

EFMP Support Group

The Exceptional Family Member Program support group will meet 6-8 p.m., April 22 at the Youth Center. For more information, cal 751-5256/6325.

Savings and Investing

A class on savings and investing will be held 8:30-10:30 a.m., April 23 at the Education Center, Room B302. For more information, call 751-5256/6325.

Reassignment Briefing

A reassignment briefing will be held 1:30 p.m, April 23 at the Strom Thurmond Building, Room 213.

The Phase II briefing (for overseas assignments only) will be held immediately following the Phase I briefing and is mandatory for all Soldiers scheduled to PCS overseas. For more information, call 751-5578.

Days of Remembrance Observance

The Fort Jackson Days of Remembrance Observance will be held 2-3 p.m., April 29 at the Joe E. Mann building. The theme is "Do Not Stand Silent: Remembering Kristallnacht 1938," and the guest speaker is Stephanie Alexander of the U.S. Army Chaplain Center and School. For more information contact a unit equal opportunity adviser or call 751-1243.

AG Corps Regimental Ball

Tickets for the Adjutant General Corps Regimental Ball are now on sale. The tickets cost \$25 for E7 and above, \$20 for E5 and E6 and \$10 for E4 and below. The ball will begin at 6 p.m., June 6 at the NCO Club.

Attire is dress blues or dress greens for military and formal wear for civilians. Child care is available upon request. To RSVP or for more information, see a unit representative or call 751-5073 or e-mail $AG_Ball@jackson.army.mil$.

Announcements

Financial Counselor Training for Military Spouses

The Association for Financial Counseling and Planning Education is accepting applications from military spouses for the Accredited Financial Counselor Program. The Military Spouse Fellowship will cover the cost of the training and testing for up to 200 military spouses.

Upon successful completion, participants will be awarded the Accredited Financial Counselor designation. Applications must be submitted online through www.nmfa.org by midnight, April

Congratulations!



Photo by Carrie David Ford

Sgt. 1st Class Maurice Cogdell, Company B, 369th Adjutant General Battalion, is the Platoon Sergeant of the Cycle. Cogdell is the platoon sergeant for the human resources 42A course.

30. For more information, call 751-5256.

4th Infantry Division Association

The Carolina chapter of the 4th Infantry Division Association will hold its reunion April 26 in Columbia. Anyone who has served with the 4th Inf. Div. is invited. For more information, call 419-9247 or e-mail *vikingls36@yahoo.com*.

Play With the Army Band

Do you think you have what it takes to sing or play with the 282nd Army "Victory" Band? If so, call 751-5038.

Thrift Shop Updates

The Fort Jackson Thrift Shop has several openings

- Consignment clerk is a paid position. Details available at the Thrift Shop.
- Board chairman is a volunteer position. Applicant must be a spouse of an active-duty Soldier.

Recycle Lightbulbs

Lightbulbs contain mercury and should be recycled. For more information, visit the Universal Waste Management section of the Hazardous Material and Waste Management Plan at www.jackson.army.m il/ENRD/emb/HW%20/HMWM.pdf

New CALL Handbooks Available

The Center for Army Lessons Learned has two new handbooks available.

The first, *Leader's Guide: Chaplains in Current Operations*, provides information to commanders, staff and chaplains on how and why the expertise of chaplains in religion and religious issues is being used by leaders to enable operational goals to be met.

The second, *The Battle Staff Noncommissioned Officer Handbook*, provides information that is critical to help

COMMUNITY HIGHLIGHTS___

Soldiers help community schools



Photo by 1st Lt. Rolando Gutierrez

Capt. Decilia Sledge, 3rd Battalion, 60th Infantry Regiment, spends time with a North Springs Elementary Student during the school's "Operation Field Day" Friday. The "River Raiders" have teamed up with the school as part of Fort Jackson's "Adopt-A-School" program.

battle-staff NCOs perform important roles and functions in the tactical operations centers and command posts.

To obtain either handbook, call 751-8201 or (803) 467-2982.

Fire Alarm Warning

If occupants of a building notice a malfunction in the fire alarm system, it should be reported immediately by calling 751-4142/7217. No one should work on a fire alarm system except authorized personnel. Tampering with a fire alarm system is a violation of Fort Jackson Regulation 420-90 and is punishable under the Uniformed Code of Military Justice. For more information, call 751-1610.

Motorcycle Safety Training

To ride a motorcycle on Fort Jackson, Soldiers and civilians are required to take the Basic Rider Course. Soldiers also need to attend the training to ride a motorcycle off post.

The BRC is a two-day course offered weekly. The Safety Office also offers an optional Experienced Rider Course. All classes are free. Soldiers and civilian employees will not be charged pass or leave to attend. Training is available to retirees and family members on a space available basis. For more information, call 751-RIDE (7433).

Absentee Voting

Absentee voters can exercise their right to vote by completing the Federal Post Card Application (FPCA Standard Form 76) or complying with the ballot request procedures enacted by the state in which they vote.

After mailing in the application, the voter will receive his or her absentee bal-

lot. Mailing guidelines differ from state to state. For more information, contact your Unit Voting Assistance Officer or visit www.vote.army.mil.

ROA Offers Scholarships

The Reserve Officers Association offers \$500 merit-based scholarships for undergraduate and graduate study at accredited colleges and universities.

Undergraduate scholarships are available to children and grandchildren of ROA members; graduate scholarships are available to ROA members. Application deadline for the 2008-2009 school year is today.

ROA membership and scholarship applications are available online at http://www.roa.org. For more information, e-mail grallen@comcast.net.

New Initiative for Transitioning Soldiers

A new service, ACAP Express, allows Soldiers to use the Internet to register for Army Career and Alumni Program services, schedule a wide range of classes and use online tools to create resumes and cover letters.

Soldiers can use their AKO login to use https://www.acapexpress.army.mil.

Youth of the Month

The Fort Jackson Middle School/Teen program is accepting nominations for the Boys and Girls Club Youth of the Month.

Candidates must be 14-18 years old, belong to the Fort Jackson Youth Center, exhibit leadership potential and have contributed to their family, church, school or community during the past months.

To submit a nomination, call 751-6385/3977.

Recurring Meetings

Weekly

Walking Away Stress meets at 9 a.m., Mondays and Fridays at the pecan orchard near the post office on Early Street. For a walking log or more information, call 751-6325.

Play Group A play group will be held 10-11:30 a.m., Mondays at 5953C Parker Lane. For information, call 751-5256/6325.

Range Control Briefing is held at 1 p.m., Mondays and Fridays at the Education Center, Room 302. For more information, call 751-7171.

Civil Air Patrol meets at 7 p.m., Mondays at Owens Field and 7 p.m., Tuesdays at Columbia Metropolitan Airport. For more information, e-mail cc@scwg.cap.gov or visit online at www.scwg.cap.gov.

Helping Everyone Reach Optimum Strength meets 5-6 p.m., Tuesdays at Moncrief Army Community Hospital, seventh floor. It is open to combat veterans and their family members. For more information, call 751-2160/2183.

Medical Board Office is closed from 7:30 a.m. until 1 p.m., every Thursday. For information, call 751-0359/7152/7318.

Protestant Women of the Chapel meet Thursdays from 9:30 a.m. to 12:30 p.m. at the Main Post Chapel. Homeschoolers are welcome and evening studies are available. Free child care is available. For information, e-mail pwocjackson@yahoo.com.

Overseas Travel Clinic is held from 8:30 a.m. to noon, Fridays. For more information, call 751-5151.

Military Widows/Widowers Association meets at 2 p.m., Sundays at Moncrief Army Community Hospital, eighth floor. For more information, call 787-2469.

Monthly

Seabees meet at 7 p.m., the second Monday of the month at the West Metro Chamber of Commerce and Visitors

Center. Call 755-7792, 736-0841 or 755-0300 for more information.

Fort Jackson Enlisted Spouses' Association meets at 6:30 p.m., the third Monday of each month at 5942E Thomas Court. For more information, call 665-4170 or e-mail esa2005fj@yahoo.com.

Sergeant Audie Murphy Club meets at 11:30 a.m., the first Tuesday of the month at the Post Conference Room *www.jackson.army.mil/360/SAMC/hom e.htm.*

Gastric Bypass Support Group meets at 6 p.m., the second Tuesday of the month in the Moncrief Army Community Hospital eighth floor day room. For more information, call 751-

Disabled American Veterans meet 6 p.m., the second Tuesday of the month at 511 Violet St., West Columbia. For information, call 796-7122.

Fleet Reserve Association Unit 202 meets at 1 p.m., the third Tuesday of the month at 2620 Lee Road. Call 482-4456 for information.

"Victory Riders" Motorcycle Club meets at 5 p.m., the first and third Thursdays of the month at Magruders Club. For information, e-mail sec@fjvictoryriders.com.

Society of American Military Engineers meets 11:30 a.m., the fourth Thursday of the month. For information, call 254-0518 or 765-0320.

Diabetes Support Group meets at 6 p.m., the last Thursday of the month in the Moncrief Army Community Hospital fourth floor dining facility. For information or to register, call 751-2501.

MEDPROS training will be held 1-4 p.m., the third Friday of the month, at the hospital, Room 9-83. For more information or to register, e-mail *Jaclynne.Smith@amedd.army.mil.*

U.S. Navy Sea Cadets, for 11-18 year olds, meet the third weekend of the month. For information call 622-8707.

To submit a recurring meeting, e-mail the name of the group, when and where the meeting takes place and contact information to fileader@jackson.army.mil.

CHAPEL_

Remain in God's presence

Chaplain (Capt.) Josh Gilliam 187th Ordnance Battalion

I want to describe a way of interacting with God through the Bible that might not be a common practice for many. I call this devotional practice "Prayer-Reading."

"Prayer-Reading" attempts to combine these disciplines with an emphasis on interacting with the Holy Spirit and remaining in God's presence.

Through "Prayer-Reading" we are seeking supernatural revelation that will pass through our mind and into our heart, where we may communicate with God. The purpose is not to acquire information about God, but to experience him.

To explain this more concretely, I will describe a potential format.

First, take several minutes to quiet your mind and ask the Lord to speak to you. Ask for his presence. In the same way that Christ's actual presence dwelt in the Old

Testament temple, his actual presence now lives in you.

Next, begin slowly reading where you stopped reading the time before. If you come across a word or a concept you do not understand, jot it down so that you



can pursue it during your study time. If it reminds you of an e-mail you need to send, jot that down on your to-do list to free your mind from thinking about it.

If you come to a verse that contains a truth you should believe, like "The kingdom of God is within you." (Luke 17:22), pause and slowly interact with the Lord concerning it with statements such as: "I believe your kingdom is within me," or "Please help me to believe your kingdom dwells in my heart."

If you feel the Holy Spirit speaking about this concept, allow yourself to quietly remain in the place of meditation and listening.

If you come to a verse that exhorts you to obey, like "Do not commit adultery." (Exodus 20:14), make a resolution in your heart to say yes to God in this matter.

Then ask him for help.

Worship services

- Sunday 8 a.m. and 10:45 a.m. Daniel Circle Chapel (Gospel) 8 a.m. Bayonet Chapel (Hispanic)
 9:00 and 10:30 a.m.Magruder
 Chapel
 9:30 a.m. Main Post Chapel
 10:45 a.m. Post-wide Sunday
 School (Post Chapel)
 11 a.m. Daniel Circle Chapel
 11 a.m. Memorial Chapel
 11 a.m. Chapel Next
 Chaplain School

 Wednesday 7p.m. Gospel Mid-week
 Service Daniel Circle Chapel
 PROTESTANT BIBLE STUDY

 Monday 7 p.m. Women's Bible Study
 (PWOC - Post Chapel, Class 209)

 Wednesday 7 p.m. Anderson Street Chapel
 7 p.m. Daniel Circle Chapel
 7 p.m. Gospel Congregation's
 Youth (Daniel Circle Chapel)

 Thursday 9:30 a.m.-12:30 p.m. Women's
 Bible Study (PWOC, Post Chapel)
 6 p.m. Neighborhood CMF/OCF
 Bible Study (Call 790-4699)
 7 p.m. LDS Bible Study (Anderson
 Chapel)

 Saturday 8 a.m. Men's Prayer Breakfast
 (Post Chapel, (every second
 Saturday of the month in Chapel
 Fellowship Hall) (Hispanic) 9:00 and 10:30 a.m.Magruder

PROTESTANT YOUTH OF THE CHAPEL

■ Sunday 5 p.m. Daniel Circle Chapel
(1st & 3rd Sundays)

■ Wednesday 6:30 p.m. Main Post Chapel

■ Sunday 8 a.m. Memorial Chapel

■ Sunday 8-10 a.m. Islamic Studies ■ Friday 12:30-1:45 p.m. Jumah Services (both — Main Post Chapel)

Church of Christ

■ Sunday 11:30 a.m. Anderson Chapel

- M-F 11:30 a.m. Mass (Post Chapel)
 Sunday 8 a.m. Mass (Solomon Center)
 11 a.m. Mass (Main Post Chapel)
 9:30 a.m. Mass (120th AG
 Battalion Chapel)
 9:30 a.m. CCD (Education
 Center) Center)
 9:30 a.m. Adult Sunday School
 12:30 a.m. Catholic Youth Ministry

 Wednesday 7 p.m. Rosary
 7:30 p.m. RCIA/Adult Inquiry

■ Sunday 9:30-10:30 a.m. Memorial Chapel 10:30-11:30 a.m. Jewish Book Study (Post Conference Room)

■ Sunday 9:30-11 a.m. Anderson St. Chapel

Addresses, phone numbers

Daniel Circle Chapel — 3359 Daniel Circle. Corner of Jackson Blvd., 751-4216

Main Post Chapel — 4580 Strom Thurmond Blvd., corner of Scales Ave., 751-6469 **Bayonet Chapel** — 9476 Kemper St., 751-

Family Life Chaplain - 4850 Strom Thurmond Blvd. (inside of Main Post Chapel), 751-5780 Anderson St. Chapel — 2335 Anderson St., Corner of Jackson Blvd., 751-7032 Education Center — 4581 Scales Ave

Magruder Chapel — 4360 Magruder Ave., 120th Rec. Bn. Chapel — 1895 Washington

St., 751-5086 Memorial Chapel — 4470 Jackson Blvd.,

FIRST RESPONDER



The following are incidents compiled from reports, complaints or information received from the Fort Jackson Provost Mar-

The incidents reflected are not an adjudication attesting to the guilt or innocence of any person and are provided for informational and reflective purposes only.

Lt. Col. Greg Vibber

Director, Emergency Services/Provost Marshal

Sgt. Maj. Allen Taylor Jr. Provost Sergeant Major **Billy Forrester** Fire Chief

Cases of the Week

A Soldier was charged with **drunken** and disorderly conduct and destruction of government property. Responding to a call about a drunken and disorderly Soldier, Military Police arrived at the scene and said they found a male Soldier who appeared to be intoxicated in the women's latrine. According to reports, the Soldier became upset after being asked to leave and tore a water fountain from the wall cutting his finger in the process. MPs had to subdue the Soldier by force. The Soldier was transported to Moncrief Army Community Hospital and had to be restrained for treatment.

A blue and orange pocket bike scooter worth \$250 was stolen from a backyard in the housing area. The scooter was unsecured and unattended.

A civilian was apprehended after trying to enter the installation in the trunk of a Soldier's car. According to MPs, the civilian had forgotten his ID card. A criminal background check and post-bar check yielded no results. The Soldier was released to his unit.

Tip of the Week

The Directorate of Emergency Services asks all residents in the housing area to be vigilant. Anyone who sees a crime should report it.

The housing area is undergoing major renovation. That leaves a lot of quarters unoccupied and unattended, which creates the possibility for criminal damage to occur.

If you see anyone damaging equipment or structures, please report it to the MPs by calling, 751-3114/3115.

Let's work together to keep our neighborhoods safe.





SPORTS/FITNESS___

Using Hammer's lyrics to get 'too legit to quit'

COMMENTARY

Maj. Thomas L. Hundley Moncrief Army Community Hospital

Let me take you back to the entertaining 1980s.

If I took a poll to see who the most dynamic entertainers of that decade were, I am sure that Michael Jackson and M.C. Hammer would appear on 90 percent of the ballots.

You know an entertainer has made a profound impact on society when Americans begin to dress like them. How many of you are willing to admit that you still have that red, leather zipper jacket or that one shiny glove? I actually know some of you who still wear those baggy Hammer pants with your Class A shoes.

I often wondered what would happen if Michael Jackson challenged M.C. Hammer to a dance contest. If they were only allowed to speak the lyrics from their songs, the conversation would go something like this:

Jackson: "You Wanna Be Startin' Something?"

Hammer: "Let's Get It Started.".

Jackson: "You Know I'm Bad; I'm Bad; You Know It."

Hammer: "Yeah, but You Can't Touch This! You Can't Touch This!"

Jackson: "I'll make you say, You Rock My World."

Hammer: "I'll make you say, Please Hammer, Don't Hurt 'Em." Jackson: "Keep On, Don't Stop Till

You Get Enough!" **Hammer**: "No problem, I'm Too Legit,

Too Legit To Quit!"
And the winner is: M.C. Hammer. OK,
I know you're wondering what in the
world does this have to do with sports, fitness or nutrition. Or maybe you are saying
to yourself, this guy is either crazy or has
way too much time on his hands. But
pump your brakes and let me explain the

I am willing to bet that everyone's fitness resolutions disappeared as soon as the

method to my madness.



Maj. Thomas Hundley

Girl Scout cookies arrived. Now that the cold weather is gone, I'm willing to bet you tell your boss that you have an afternoon appointment so you can leave work earlier. (Don't act like I'm the only one who does that).

But right now, your only problem is that you lack motivation. You are not motivated to diet, and you are not motivated to exercise.

But I have the solution. I intend to use the lyrics of M.C. Hammer to provide some resuscitation to your motivation. Stop — Hammer Time.

Let's Get It Started

For the next 30 days, get your day started with a morning walk, run or jog. After your exercise session, get your diet started with a nutritious breakfast. My personal favorite is any flavor of Cheerios and a banana.

Pumps and a Bump

For the next 30 days, add a little resistance training into your life. Try lifting some light weights (consult a fitness

trainer for advice) or use tension bands. Pumping iron helps to build muscle which also helps burn fat.

You Can't Touch This

For the next 30 days, "You Can't Touch" candy, cookies, cakes and a whole bunch of other stuff that start with the letter C. Let go of the fried foods and the junk foods. Just to show off my lyrical side: I know you love em' so much, but these are the foods, you can't touch.

Too Legit To Quit

It's natural to get tempted to cheat on your diet. It's natural to give up on living a healthy lifestyle. But let me remind you, South Carolina has legitimately hot summers. Also, being overweight poses a legitimate risk for strokes or heart attacks. Most importantly, your family, friends and co-workers legitimately care about your well being. The bottom line is; you, your life and your healthy lifestyle are all Too Legit To Quit!

Next time I will conjure up a battle where Michael Jackson wins. Shamon!

2008 Winter Basketball Championships

TJ Canty Sports Assistant

120th did it again. It is the intramural champion for the third season in a row.

The championship games for the winter basketball season for both the recreational teams as well as the active duty teams were held at Coleman Gym April 7

In the active duty championship game, 120th defeated 3-13, 58-49, making this three titles in a row. Ronnie Barnes of 120th had a big night from the 3-point line, hitting four out of six. 120th was fourth in the Tuesday/Thursday League and 3-13 was first in the Monday/Wednesday league.

In the recrational championship game, NiteFlyte, led by Darius Lane, held off That'sThem (formerly Post Laundry) for 61-59 win.

PGA Play Golf America Day coming to post

Free golf activites will include on-site instruction from PGA professionals

PGA Carolinas Section

The Fort Jackson Golf Club will be hosting the third installment of PGA Play Golf America Days in the Carolinas April 26 from $10~\rm a.m.$ to $4~\rm p.m.$

The event is designed to provide free expert instruction to golfers of all ages and skill levels, introduce new golfers to the game and provide equipment testing from the best brands in golf today. PGA Play Golf America Day at Fort Jackson Golf Club is sponsored by Royal Bank of Scotland, Buick and American Express.

Highlighting the day will be free instruction and golf clinics conducted by more than 20 PGA Professionals from throughout the Carolinas PGA Section. Instructional segments include First Swing Clinics for beginners, putting and chipping contests, and more.

These golf professionals will also provide 10-minute tune-ups, and conduct demonstrations on all facets of the game regardless of skill level.

Several of the golf industry's leading equipment manufacturers, including Titleist, Callaway, Ping, Srixon, Cobra, Nike, Cleveland Golf and more, will also be on-site to provide hands-on testing of the

hottest products on the market today.

Attendees will be able to test drivers on the range, wedges at the chipping area and putters on the practice green. Representatives from each participating manufacturer will also be on hand to provide club fitting and product insight.

Additionally, attendees will have the opportunity to gather information on some of today's most exciting golf participation programs that are part of the Play Golf America initiative, including

First Swing, Link Up 2 Golf, PGA Free Lesson Month, Women's Golf Week, July is Family Golf Month, Take Your Daughter to the Course and Bring Your Kids to the Range.

"The PGA Play Golf America Day at Fort Jackson Golf Club will be a terrific golf experience for players of all levels," said Ron Schmid, Executive Director, Carolinas PGA Section. "There will

be a number of different activities for people of all ages and

abilities to take part in, and our Carolinas PGA Professionals will be on hand offering their expert instruction. It's going to be a great environment to learn more about the game of golf."

For more information on the PGA Play Golf America Day at Fort Jackson Golf Club on April 26, log on to www.PlayGolfAmerica.com, or call the club at 787-4437.

Sports Briefs

Triathlon

The Triathlon scheduled for today and April 17 will be postponed until late summer or fall. For more information, call 751-3096.

Youth Swim Team

The Youth Sports swim team is accepting registrations until June 9 for children 6-18 years old who can swim 25 meters. Practices will be held 8-9 a.m., Monday through Friday at either Legion Pool or Knight Pool. The cost is \$65 for the first child and \$58.50 for each additional child from the same family.

Youth Baseball

Registration is ongoing for youth baseball. The season runs through June. T-ball is open for 3-5 year olds; coach pitch is open for 6-8 years old; and Little League is open for 9 years old and up. The fee is \$40, but additional children from the same family cost \$36. The fee includes a jersey, hat and trophy.

Need Volunteer Coaches

Volunteer coaches for youth sports are needed. Experience is desired, but not mandatory. Volunteers get the "coaches discount," when their own children also play sports — 100 percent for the first child; 50 percent for each additional child. For more information or to volunteer, call 751-5040.

C L A S S I F I E D S

100 Announcements

SQ Rescue garage sale, benefiting animals, needs household items, furniture, yard equipment and tools. No adult clothing. Please call Mary, 788-1889 or Mandy, 788-2238 for pickup and tax donation receipt.

The FRA (Fleet Reserve Association) Branch and Unit 202 meets monthly at the Naval Reserve Center, 2620 Lee Rd., Fort Jackson at 1:00 p.m. the 3rd Tuesday of each month. Ladies Auxiliary meets at same time. Ron or Fran, 803-482-4456.

United States Submarine Veterans, Inc., Palmetto Base meets the 3rd Tuesday of every month at 1900. at The Crab Shack, in the Old Mill Building on US 1, 711 E. Main Street. Contact D.W. Eggleston, 803-932-9390.

VFW Post 641 Ladies Auxiliary is sponsoring a Mardi Gras Night Saturday, May 17 @ 6 p.m.@ 534 S. Beltline Blvd., Columbia, SC 29206. Food, music and prizes. All Veterans, families and friends are always welcome.

VFW Post 641, 534 S. Beltline Blvd., Columbia, SC 29206, 803-782-5943, is sponsoring Phil Urban/aka Elvis on Friday, April 11th, 9 p.m.-until. All Veterans, families and friends are always welcome. Please come out and see "Elvis" for yourself.

VFW Post 641, 534 S. Beltline Blvd., Columbia, SC 29206, 803-782-5943.

The monthly Friendship/Karaoke/Birthday Dinner will be held on Saturday, April 26 @ 7 p.m. R&L Backyard Karaoke starts at 8 p.m. All Veterans, families and friends are always welcome.

101 Child Care

**Little Bright Daycare (State Licensed) has full-time/part-time openings Mon.-Fri., 6 weeks-12 years of age. Also accept ABC vouchers. All meals provided. Flexible hours. Clemson Rd. area. Tamara Bright (21137), 803-865-5405.

105 Opportunities

FREE GAS! Forming carpool for the Summit/Clemson Rd. area to Shaw AFB. Call 895-4779 if interested.

106 Yard Sale

HUGE Parking Lot Sale at 2400 Decker Blvd. Saturday, April 12, 8:30 a.m.-noon. (If heavy rain will postpone to Saturday, April 19). Lots of clothing, furniture and all kinds of indoor and outdoor galore for the whole family!

200 Help Wanted

FREIGHT BROKER
SEMINAR. Saturday, 4/19,
10:00 a.m. Come learn if
freight brokering from office,
home or over-the-road is right
for you. Introductory Offer
\$149. Reserve your space
early. 803-736-6028.
www.load-us.com

Summer Staff: Full time positions in summer camp program. Must be at least 21 and have a valid driver's license. Fax resume to 254-6363 or call Trenholm Road Methodist, 254-9848.

300 Services

Do you need professional lawn service? Then call Mr."B" at 803-413-7725. Great rates/free estimates.

500 Pets

4 Loving Cats need Good Homes. Eddie, fat gray/white, 8 yrs., declawed and Mollie, 5 yrs., medium-haired tortoise shell, must go together. Callie, 11 yrs., calico, needs adult family/facility. Sirbert, orange/white, 1 yr. All spayed/neutered. Lindsey or Josh, 336-202-3445, 803-840-2042.

AKC German Shepherd pups, male and females, 6 weeks old and dewormed. German bloodline, big boned, \$350. Call 803-609-5728.

American Pit Bull Puppy for sale! This is a purebred blue pit bull. This female is 9 weeks old and weighs about 20 lbs. Both parents are UKC registered. Please call 803-727-0918 or check out

www.edistoriverbluepits.com for pictures

BIG PIT BULL PUPPIES, 6 weeks old. ADBA Registered Bloodline: Double Breed Grayliner and Razors Edge, \$300-\$500. Parents on site. Call 776-6536.

Husky puppies, 6 weeks old. Will be ready to leave 3/29. 4 Boys, 3 Girls left. \$200 OBO. Call Jessica @ 803-348-6850.

Pit Bull Puppies for sale, \$150. Must Go! 3 females, 1 male, Brindle color. Mother and Father AKC Certified. Call 843-422-3539.

Schnauzer Puppies: AKC Bloodline. Blonde, silver and black. Shots and dewormed. Super intelligent, full of personality. For more information call Josie, 803-786-5000.

Siberian Husky Puppies, CKC Reg., Blue eyes. Asking \$350. Call Brigitte, 865-2698, leave message.

600 Appliances

3 Ton Tempstar AC, works good. \$100. Call 803-427-3534

Almost New Whirlpool Washer and Dryer, available 25 Apr. Please call 803-736-3498 or 757-561-7403.

600 Appliances

Small upright freezer, used only 3 months, \$50. 803-798-6869.

Whirlpool Gold Dryer, good condition, \$50. Call Shelia, 270-872-7596. Must pick up. Live on Post at Fort Jackson.

601 Electronics

HP Photosmart 7760 Inkjet Printer, NIB, \$40. Hi-Back Computer (Manager) Chair, as new, \$50. DVD Recorder and VCR Recorder All-in-One machine, NIB, \$100. EPSON Stylus Photo R340 Inkjet Printer, NIB, \$40. Call Norm at 776-3689 in Columbia.

Kenwood Stereo System: Integrated AV Amplifier, AM/FM Stereo Tuner, Stereo Power Amplifier, Remote, 2 rear speakers, center speaker and 2 massive 140 watt main speakers, \$200 OBO. Call 338-3882 after 5 p.m.

Laser Printer: Black and white laser printer made by Brother, \$75 OBO. Call 803-374-0454.

Lexmark X2580 Color All-in-One Printer/Copier/Scanner, new, in original box, never used, only \$75. Call 803-319-1002.

New Scanner/Fax/Printer, Dell All-in-One 944, very nice, never used, still in box, \$80 OBO. New Printer, Epson R220 Photo Printer, \$60. Cherry wood/glass front stereo rack w/matching 3 1/2' tall CD stand, \$25/both. All prices negotiable. Kevin, 803-788-9553, lv. msg.

T-Mobile Sidekick III, 8 months old, great condition. I upgraded to Sidekick LX. Call 803-979-1283 before 9 p.m.

602 Furniture

3 Loft Beds, one stained and 2 not, \$200. Negotiable-less if you buy more. Great for small bedrooms or dorms. Email MelanieGG@aol.com for pictures.

7 piece Louis Phillippe Bedroom Set, \$895. Living and Dining Room Furniture, 50%-70% off retail. Financing Available. Can Deliver. Call 803-319-8043.

Antique Piano, \$100. Oak Curio Cabinet, \$70. Call 803-316-4821

Beautiful Formal Dining Room Suite, all cherry wood with 8 chairs, table w/2 leaves and china cabinet w/4 front doors. Having a new baby and don't have room anymore! Purchased for \$5000, asking \$1000 OBO. Call Brianna, (706) 536-8430.

Brand New Mahogany King Size Four Poster Bed with Canopy, matching dresser and mirror. Absolutely gorgeous, all for \$1200. King size mattress set, Serta, 18" with pillow top, \$600. New. Moving. Must See, Must Sell. Call 803-477-1002.

Singer Sewing Machine in Walnut Cabinet. Machine and Cabinet in excellent condition, 31" High, 25" Wide, 18" Deep, \$195. Call 803-788-0718.

602 Furniture

Brand New Mattress Sets:
Still in plastic, Queen set starting at \$180. King set, \$425. Full and twin sizes also available. Can Deliver. 803-319-8043.

Brown leather chair, reclines, originally \$1200. Priced to sell for \$500. Like new. Wrought iron glass coffee table, \$100. New. Moving. Must See. Must Sell. Call 803-477-1002.

Corner Bench with Table and 2 chairs, seats 4, no upholstery, \$250 negotiable. Call 803-798-6869.

Couch, Love Seat, Chair, 2 end tables and coffee table. Call Erica, 238-2916.

Dining Room set made of Pine wood with 6 chairs, \$190 OBO. Call 352-279-3705.

Dresser, 2 Sleeper Sofas, Brass King Bed Frame, TV Cabinet, TV and other items. Call 787-6350.

Elementary school desk, made of stainless steel with storage area under seat. Excellent shape and great for home schooling or children's activities. \$15 Firm. Call Woody at 803-920-8723.

Full size mattress/box spring (Spring Air Restopedic), \$130. Full size mattress/box spring (Orthoquilt), \$130. Hide-away bed, twin size, \$30. Please call 803-479-4439.

Green/Beige striped couch/sleeper with mattress and Green/Beige striped love seat, 2 end tables, 1 coffee table. Small wooden dinner table with 4 chairs. Please call for details or appointment to see items. (803) 319-4687.

Moving Sale: Loveseat, good condition, \$35. Wine shelf (wood), holds 56, also has 2 drawers, \$300. Both OBO. Call 803-233-1428 (evenings best), please leave message.

Papasan Chair with matching Ottoman and neutral cushions. Must See!! \$95. Call 803-319-1002

Solid Oak 3 piece Sectional Wall Unit. Center unit with glass doors and lighted. Originally paid \$1600. Will sell for \$500 OBO. Call 803-603-3129.

Solid Oak Entertainment Armoire, Dark Cherry, 6 ft. tall, 40 inches wide with 3 drawers and 2 doors that close off the TV, \$300 OBO. Cash Only. Call 803-479-4413

603 Miscellaneous for Sale

17" Chrome Rims: New tires and rims (less than 6 months of use). Came off my 04 Mustang. Paid \$1200, asking \$850. Call 803-979-1283. Have pics.

2008 5x10 Cargo Craft Enclosed Trailer, black, with ramp door and stone guard on the front, \$1750 OBO. Call 803-447-3511

2008 5x10 "V" Nose Enclosed Trailer, white, with ramp door, spring assist and stone guard on the front, \$2275 OBO. Call 803-447-3511.

603 Miscellaneous for Sale

Auto Parts for Sale: UFR O/R H-Pipe for 1999-2004 Mustang GT includes BBK MIL Eliminators, \$75. 125HP NOS System w/Purge and Bottle Heater, \$650. Call Daniel at 803-528-8634.

Cell Phones: Alltel LG model # VX3200, \$20. 803-427-3534.

Don Stivers Military Prints: various, including Buffalo Soldiers. Some framed, most not. Email rsarmy@aol.com for specific information and pricing, use subject of Stivers prints. Or call 803-233-1428, evenings best. Please leave message.

Eddie Bauer Stroller with car seat and base, like new. Call 776-9698.

Edge 385 Magnetic Bike, \$100. Like New. Call 776-

Fisher Price Rainforest Swing, \$30. Kolcraft Cuddle (EN Care rocking bassinette), \$35. Evenflo Pack (En Play portable play yard), \$25. Baby Trend Sit-n-stand Lx stroller, \$65, used once. Store price \$125. Fisher Price Think Pink Bouncer, \$15. Dresser, \$15. 803-528-4242.

For Sale: 2 Kennels with canopies. Both are 10'x10' in size. Asking \$175 each. Please call 767-9715

Formal or Prom Dresses: Black/silver sequined, size 8, \$120. Black mermaid style, size 8, w/diamond cut holes on side, \$40. Fuchsia, size 5, w/train, \$40. Marilyn Monroe style, size 9-10, \$30. Blue/silver sequin design, size med., \$30. 803-237-4041

Golf Balls: High Quality Grade A, all per dozen (prices) or Titleist Pro V'z, \$10, Nxt's, \$8. Bridgestone, \$7. Crystal covered, \$7, Nike, \$7 (PD, Power, Mojo's). All others, \$5 per dozen. Call Don, 803-727-2205 or 803-738-0472.

Good Tires, size P205/55 R16 (set of 4), \$45 and size P225/70 R14 (set of 2), \$25. All prices negotiable. Call Kevin at 803-788-9553, leave message if necessary.

Hewlett Packard (HP) All-inone Color LaserJet Printer, model 2840. Print, copy, scan and fax. Excellent condition and quality, fairly new. Asking \$400. Call Angela at 629-8091.

Image Fold-up Treadmill, only 2 years old, but rarely used. Paid \$250. Will sell for \$175. 699-9160.

Magique (Produced by Muzino) Hybird's 21 degree steel shaft stiff flex w/cover and 25 degree graphite shaft stiff flex w/cover, excellent/like new condition. Range balls only. Owner switched to complete set of Hybird irons, \$100/both or \$60 each. 803-237-4041.

TY Beanie Babies. Retired, Canadian, Ty Store, Zodiac, Ugly and Cute! 500+. No list. No recent. Must sell to park car in garage! All are in Mint Condition. \$5-\$10 each. Please buy them all! Call 803-834-6240.

603 Miscellaneous for Sale

Moving, selling mostly household goods, some big and small furniture, lots of fine figurines and display, 2 sizes of small chandeliers for home, bought in Czech Republic/Prague. Please contact (Home) 803-708-5889 or (Cell) 803-728-7745. Please leave message on home phone.

Nike Ignite Driver 410cc/8.5 degree, great, like new condition, 1 yr. old with new Winn Grip and original graphite shaft/stiff flex. Purchased new driver to replace, \$60. 803-237-4041

ProForm Cardio Cross Trainer 820, used very little, \$200. Set of four universal 4 lug 17" rims and tires, missing center caps, \$200. Call 803-795-8853.

Queen mattress and box spring, Sealy Heavy Duty Posturepedic, \$150. Call 803-479-4439.

701 Duplex for Rent

One side of duplex for rent. 910 sq.ft., 2BR, 2BA, washer/dryer hookups and wood burning fireplace. Close to Fort and Columbia Mall off Decker Blvd. \$575/mo. plus \$575 deposit. Ap. fee and credit check fee apply. William, 788-2644, M-F, 9:30-6:00.

702 Houses for Rent

109 Shoreditch Dr: 3
Bedrooms, 1.5 Baths, Privacy
fence, large backyard. Brick
home, about 2 minutes to Ft.
Jackson Gate 5. Available on
or after April 30th. \$780/month
plus one time \$780/security
deposit. Smokers/nonsmokers/pets allowed. Contact
Mr. Idio, 803-665-4893.
nathanusoro@gmail.com

2 Bedroom, 1 1/2 Bath Townhouse in a great location, 5 miles to Shaw AFB, walking distance to groceries and restaurants. One year lease. For more info call Lorna at 469-5454.

2 Bedroom, 2 Bath, 2 year old Townhouse, NE, Summit area, \$850 per month. Please call 803-647-4002.

237 Tamara Way, Columbia, SC 29229, near Richland II Schools, NE: 3 Bedrooms, 2 Baths. Vaulted ceilings, new carpet and paint. 1 car garage, deck, spa. Great location near Sandhills. Contact Benita Clemons, 803-479-2231 or Kenneth Tisdale, 760-917-6231.

3-5 minutes from Gate 5: 3 Bedrooms, 2 Baths, LR/DR, fireplace, garage, patio. Stove and refrigerator, large fenced in back yard. No Pets. Security deposit required. \$750 per month. Call 695-3478.

3BR, 2BA House: LR, DR, eatin kitchen, utility room, shed in back. Fenced front and back yards. New paint, hardwoods and carpet. Refrigerator and stove. Off Leesburg Rd., close to Fort. \$800/month, \$800/security deposit. Move-in ready. Call 414-2009.

805

3BR. 2BA. Four Seasons Lugoff. Great Subdivision, School, New Appliances. Fenced back yard, \$900/mo., \$900/deposit. Call 803-424-6446.

Adorable house in The Summit in Northeast Columbia. Enjoy all Summit amenities: Community pools, playgrounds and more. Large cul-de-sac lot, fenced b Cathedral ceiling, backyard. eat-in kitchen, 2 car garage. Includes Refrigerator and washer/dryer. \$1100/month plus \$1200 deposit. Available 6/10/08. 803-234-4405.

ALL BRICK: 3 minutes from Fort Jackson. 3 Bedrooms, 2 Baths, garage, freshly painted. Near Super Walmart and new shopping centers. Ready to move in today! \$875 per month. Call 803-463-6513 (appt. only).

Beautiful all brick 5BR, 3.5BA in Lake Carolina available for rent. Available May 1st. \$1995 month. Award-winning Richland 2 Schools. Will consider Lease to Own. Call 803-699-0998 or 770-310-4774

Behind Lexington Center: 3 Bedrooms, 2 Baths, \$800/month. Trash and yard service included. Patio privacy fence. Fireplace. Clubhouse, swimming pool. Great school district and close access to interstates, shopping, USC. Call 798-7292.

Forest Acres: 3 Bedrooms, 1 Bath, Office. Big Privacy Fenced yard, screened porch. Gorgeous hardwood floors. convenient Jackson. See it www.ahrn.com keyword "mj1". Credit check required. Call 803-528-3863

House for Rent off Leesburg Rd., just 5 minutes outside Ft. Jackson's Gate 5. Bedrooms, 2 Baths, screened porch, fireplace, fenced in back vard. Dishwasher and refrigerator. Must See! Please contact 803-798-3722 for more information.

House for Rent: 3 Bedrooms, 2 Baths, 1200 sq.ft. on 1 acre. mile from I-20 in Elgin, \$800/month. Call 429-1727

Lake Carolina, fully furnished Townhouse. 3 Bedrooms, 2 Baths, porch, fireplace. Call 360-7839

NE Columbia, 1250 sq.ft., two story, 3BR, 2.5BA. appliances included. Close to Sandhills Mall. I-20/77. Richland II Schools. \$875 per month. Military Discount. Multiple units. Contact Dave at 803-397-1700.

NE Columbia, Woodlands Subdivision: Beautiful Brick Mediterranean with courtyard, golf course, 3 Bedrooms, 2.5 Baths, fireplace, formals, 2 car garage, large lot, quiet neighborhood. \$1400 per month. Call (803) 736-4200.

NE Side Home for Rent, \$1075. 3 Bedrooms, 2 1/2 Baths, 2 car garage, large fenced yard with inground pool. Available 1 April. 15 minutes from Fort Jackson. 612 Donar St. Call for a showing, 910-987-7289.

NE Side Home for Rent. \$1075. 3BR, 2 1/2BA, 2 car garage. Large fenced yard with in-ground pool. (Summers Coming). Available 1 April. 10 minutes from Ft. Jackson and minutes from Sandhills Mall. 612 Donar St. Call for showing, 803-234-6889.

Ready to occupy! 3BR/2.5BA in NE Columbia: 1280 sq.ft., 15 minutes to Fort. Richland 2 School District, minutes to Sandhills. at Summit amenities. ΑII appliances and blinds included, new wood floor, fenced backyard.. \$950 plus deposit. (803) 699-7137.

Several Rental Homes and Apartments convenient to Fort Jackson. Call 803-254-6613, Monday-Friday., 9 a.m.-6 p.m. or visit our website at www.securityrealty.net

Single story house, Bedrooms, 2 full baths, nice deck and porch, wood flooring and carpeting. Nice quiet behind Shaw neighborhood AFB and 25 miles to Ft. Jackson Army Base. Military clause. Call Lorna at 469 5454

Southeast/Alexander Pointe: 4BR/2.5BA, in cul-de-sac. Attached 2 car garage, Great Room w/Hardwood Floor, open kitchen, Master w/double vanity and walk-in closet Storm Windows. Over 2400 Large backyard w/Privacy Fence. Richland 1 Schools. Call to make appointment to see, 803-319-

Summer Valley, 3 Bedrooms, 2 Baths, FROG, fireplace, 2 car garage, open kitchen, fenced yard. Available mid April. \$1150. Call 803-360-

Super Location, LESS THAN 2 miles from Fort Jackson Main Beautiful 3BR/2BA, 1900sa.ft. tri-level w/formals hardwood floors, great kitchen. Large shady yard, fenced back, double carport. \$985/month + sec. dep., includes garbage and sewer. 1 vr. lease. Phil. 803-633-5838.

West Columbia: 3BR, 2BA Home on .75 acre corner lot w/2 car garage and 24' above ground pool. Quiet neighborhood 1 mile from Wood Elementary School, 15 minutes from Fort Jackson. Small Pets OK. \$1100/month plus \$1100 security deposit. (808)781-6759.

703 Apartments for Rent

Ashley's Place off Fairmont, 3 miles from Gate 5. 2 Bedrooms, 1.5 Baths. \$600 per month. Renovated! 803-. 807-1615.

Large 2BR. 2BA Condo close to Post, 5 min. from Gate 2. Only \$725/month. Wellesley Place Condos off Decker Blvd and Ranch Rd. MUST SEE TO APPRECIATE. Call 954-296-4133 for more info.

Condo, 34 Royal Gate Dr., Greengate Columbia, Subdivision, 6 miles from Fort. Stable neighborhood, excellent school district (Spring Valley). 2 stories, 1700sq.ft., 3BR, 2.5BA, W/D hookup, large closets, pool, lake, tennis courts. Convenient Interstate. \$875/ \$875/month includes water/outdoor maintenance. 803-463-2421.

Forest Drive @ I-77. Quick walk to Ft. Jackson or drive to 5 Points/Downtown. Large, quiet, clean 1BR Apartment. Water, sewer, Wireless Internet, CH/AC, \$500. Pets? . Wireless rentalsone@aol.com

803-799-7368. Virtual Tour: http://midlandshomeshow.com/pa2

CAN FURNISHED AND SHORT TERM RENTALS.

FULLY FURNISHED 2BR/2BA Apartment, near convenient to Fort Jackson. Tastefully decorated w/all housekeeping needs: Kitchen equipment, dishes, glassware, etc. Perfect for long TDY or student. \$785/month + sec. includes basic cable, trash and sewer. 3 mo. min. Phil, 803-633-5838.

Lovely 1500 square foot Condo, three bedrooms, two baths, located on a Lower Richland horse farm. Convenient to Fort Jackson. Available April 15th. Rent is only \$675 per month. For more information call 776-2074.

Near Fort Jackson and VA, off Leesburg Rd., 1 Bedroom, 1 Bath apartment, W/D hookup. \$460 plus security deposit. Call 803-783-9474.

704 Mobile Homes for Rent

Single wide Mobile Home for rent on corner lot, \$600 per month plus utilities. Call for 803-408-1148 information, after 5 p.m.

802 Resort for Sale

Timeshares: One week in Edisto Beach and one in Alexander, Virginia. Can have one or both for \$2500 each. Call 787-6350.

House for Sale

229 WILD OLIVE DR: NE Columbia, Sassafrass Springs, near Sandlapper/Rice Creek Elementary Schools. Great price. \$152,900, 2 story, 3BR/2.5BA (each w/double Schools. vanities), blinds, alarm system, fireplace, kitchen island, 2 car garage, appliances. appointment call Donna, 803-309-2434 or Lola, 803-699-9156.

Westlawn 313 Woodland Hills, \$159,900: Tri-Level, Sunroom, Beautiful Yard. Oversized 2 car Garage. Lower Level with own Bath. 3BR/2BA. Century 21 Bob Capes Realtors. Call Denise, 622-5193.

325 Faversham Lane, The Hamlet, Lake Carolina, \$165,000: All Brick, 2 car Garage. All Appliances Stay! 3 Bedrooms, 2 Baths. Century 21 Bob Capes Realtors. Call Denise, 622-5193.

621 Harmon St., Lexington, \$145,000: Perfection! Large GR with Built-ins, Screened Porch, Fenced Backvard, 2 Bedrooms, 2 Baths. Century 21 Bob Capes Realtors. Call Denise, 622-5193.

805

87 Rose Drive, Rosewood, **\$87,500:** Front Porch, Huge Backyard, Large Insulated Shed, 2 Bedrooms, 2 Baths. All Appliances Stav! Century 21 Bob Capes Realtors. Call Denise, 622-5193.

Alexander Pointe Must See! House for sale. Great listing price. Only 5 minutes from Ft. Jackson. Home is 2 years young on a large lot in a culde-sac. Call 518-2645.

Attractive 1.5 year old, 3BR, 2.5BA Home for sale by owner Columbia. Southeast Optimum location for military personnel stationed at Fort Jackson, McEntire or Shaw AFB. View at www.HomesBvOwner.com/55929

803-586-2077.

Beautiful 3BR/2BA, 1600sq.ft in NE w/FROG and 2 car garage. Great Curb Appeal and ready to move in. Only \$135,000 for this better than new home. Seller can help with closing costs. Set up appointment today. Call 234-7569 or 467-8631.

Briarwood Subdivision, 7 miles to Ft. Jackson: 2 story Williamsburg. 4BR, 2.5BA, 2800 sq.ft. Fenced Back Yard with Patio and Arbor. All appliances remain. 2 car appliances remain. 2 car enclosed garage. \$179,500. Call 803-788-1550.

Five minutes to Fort Jackson, Brick Ranch in Berkeley Forest: 3BR, 2BA, LR, DR, kitchen, den, hardwoods, solid counters, gas fireplace. Inground sprinkler. well. screened porch, cabana, workshop. New HVAC. All appliances. Open House Sunday, 2:30-4:30p.m. \$145,000. 803-606-1982.

FSBO: 2006 Pennington Place Townhouse, 1500 sq.ft., 3BR/2.5BA. Includes attached garage and fenced backvard. yard maintained by Homeowner's Association. 2 miles to Fort Jackson, less than 5 miles to Five Points and \$146,900. Contact (803)348-4113 for more information.

FSBO: 3BR w/large MBR, wainscoting throughout, 1BA, eat-in kitchen, custom cabinets, 2 ovens, lots counter space, LR, Laundry, remote ceiling fans, carport, 2 storage sheds, workshop, front porch. side deck, 2 yr old heat/air gas landscaped \$115,000. 803-353-0507

FSBO: NE Columbia, Village at Sandhills, 1506 Legion Dr. 5BR/3BA, 3004 sq.ft. Huge MBR with his/hers walk-in closets, bathroom has his/hers vanities w/garden tub. LR, formal DR w/hardwood floors, kitchen w/island, gas fireplace. \$241,000. Call appointment, 803-397-2652, 803-381-5898.

Just Listed! NE Columbia off Clemson Rd. 4BR. 2.5BA. gas fireplace, island in kitchen, fenced yard, perfect condition! Approx. 2313 sq.ft., \$179,900. Call Judy, 414-4500, Russell and Jeffcoat Realtors

Just 2 years old. neighborhood, NE. Quiet Great schools, close to shopping and Post. 1500 sq.ft., 3BR/2BA. MBR w/walk-in closet and sitting area. Trey ceiling, crown molding. Side-by-side smoothtop stove, fridge, washer/dryer. Covered front porch, screened back porch. \$144,000. 803-699-9160.

House for Sale

Longcreek in NE Columbia: All brick ranch w/private backyard, kitchen w/granite countertops, see-through gas fireplace, FROG w/full bath, 3/4BR, 2BA. Approx. 2710 sq.ft. \$329,900. Judy, 414-4500, Russell and Jeffcoat Realtors.

MORE HOME FOR YOUR MONEY IN PRIME LOCATION: SE, NEAR I-77, VA, Fort Jackson. Hampton Trace Lane. 2032sf, 3BR/2.5BA, \$199,900. Great Schools, Hardwoods down, carpet up. Formal LR, DR, Family Room w/bookshelves. fireplace. Eat-in kitchen w/bay Screened porch fenced backyard Move-in condition. Large w/shed. Marie, 413-1984, Jerry, 261-2575.

NE Columbia, close to I-20: Walden Place, 4BR/2.5BA, cherry stained cabinets w/island in kitchen, separate office, terrific fenced backyard w/sprinkler system. Approx. 3104sq.ft. \$259,900. Judy, 414-4500 Russell and Jeffcoat Realtors.

SE Columbia: Lovely, 4 Bedrooms, 2.5 Baths, 2 car garage, 1800 sq.ft., only 5 SE Columbia: minutes from Fort Jackson. Only 1.5 years young in a very nice neighborhood. Call (803) 518-2645 for more information. Spacious 4BR, 2.5BA beauty on corner lot. Over 2700 sa.ft. Highly coveted Richland District. Formal DR, Formal LR and Foyer boast gleaming hardwood. Willing to Motivated Seller! negotiate! Contact Mrs. Patterson, (803) 318-2617 or website:

forsalebyowner.com Listing# 21542339

VA Hospital Area: 442 Cami Forest Lane. 2BR, 2.5BA Townhouse. Fireplace. Appliances included. 2 years old. Call Randy McIntyre, Trust Realty, 803-315-4181.

Autos for Sale

1994 Subaru Legacy LGX Station Wagon, one owner, 123,500 miles. Mechanically excellent. Babied w/synthetic oil and regular maintenance. Everything works. New Sony CD Deck w/MP3 jack & four 6 1/2" Eclipse speakers, plus remote for insurance discount. \$2795, 319-1779.

1996 Chevy SS Impala, gray with gray interior, 90K miles, sunroof, tinted windows and new tires, many extras, \$9500 Firm. A Must See. Call 803-743-3208.

1996 Dodge Grand Am Van, approximately 144,000 miles, newly painted in last year. Runs, but transmission needs work. Good tires and interior. Drives Great! Asking \$995. Call 803-926-3574 or cell, 803-466-0936..

1999 Chrysler Town & Country Minivan, white LXI w/sandstone leather interior. Captain seats plus 3rd rear seat. Approx 141,000 miles, in exceptionally good condition. Luggage rack, full power package: 8-way driver and passenger seats. Transmission recently overhauled. \$4500. John, 360-8654.

2000 BMW 528i. black with tan leather interior, AM/FM Cassette, 6 disc CD Changer, power windows, sunroof. seats, mirrors, 111,560 miles. Great gas mileage, very nice car. \$12,500 OBO. 803-788-5936.

2003 Nissan Sentra, excellent condition, less than 50K miles, \$6100. Contact 803-740-2573 for more information.

2004 Cadillac XLR, hardtop convertible excellent condition. Worth \$46K. Willing to sell for \$42K. I am starting a family so call now! 803-337-6362.

2005 Ford Taurus SE, 44,400K, 4 door sedan, gold/green w/beige interior, 6 cyl., 4 speed auto. w/OD, front wheel drive, \$9500. clean, good tires, non-smokers, PL, PS, PW, PM, clean, alloy wheels. CD/AM/FM radio. Very dependable. (H)803-788-7421, (C)803-530-9448, or (C)803-331-9017.

2007 Nissan Altima, black w/black leather interior, SL package, 2.5 S. Heated front Nissan seats. sunroof, Navigation System, Bluetooth hands-free phone system, Bose Audio system with 6 disc in-dash CD. \$21,500 OBO. Please call 803-736-3498 or 757-561-7403.

2007 Toyota FJ Cruiser, 13,000 miles, 16/20 mpg, 4.0L 4wd, V6, 5 speed auto., AC, CD Player, rear window defogger, 2 full doors, 2 access doors. Rear hatch window, much, much more. Excellent condition, \$25,000 OBO. Call 803-466-1520 for details.

86 Chevy Monte Carlo SS, 78,000 miles on rebuilt 305. Mechanically sound. Has been moving project car. Comes with extra parts. Runs great. (Clocked 110 mph last run). \$3000 OBO. Call Ben, 712-737-2088.

93 Nissan 300ZX, 133,000 miles. Great car, automatic, coupe, T-Tops, AC, white, tan leather seats, Chrome rims, new tires. Must see to appreciate. Call for test drive. \$5500 OBO. 803-556-3045.

94 Ford E-350 Ambulance. 250K miles on a 7.3L diesel. Full size box ambulance with tool boxes installed. Built in air compressor, AC unit, fridge. Has been used as moving workshop. \$3000 OBO. Call Ben, 712-360-0200.

97 Ford Escort Standard, good condition. Asking \$2500 OBO. Call 360-7839.

Special Edition Chrysler 300M, 2004, black, automatic, fully loaded, Navigation System sunroof, leather, 120,000 120.000 miles, like new. Must See. Assumable loan, \$10,500 (\$2500 down). Call 360-7839.

1997 Ford F150 Lariat, 90,500 miles. Power doors, windows, Running camper shell, bed liner, cruise, tilt, leather, 3rd door. White interior. Co 803-729-4029 Contact w/brown David. test drive arrange inspection. \$6400.

94 Dodge Ram 1500, green, good condition, \$2550 OBO. Call 360-7839.

94 Land Rover, painted black 3/20/08. Everything electric, moonroof, all the bells. Tow package. Plenty of room. Very nice truck. A Must See! \$4200 OBO. Call 803-414-4557. Great vehicle to buy with income tax money!

Blue 2000 Ford F-150 Extended Cab, excellent interior and exterior condition, low mileage, power locks and windows, AC, cruise, bed liner, air bags, tow hitch and more. Kelly Blue Book \$9600, asking \$7300 OBO. Call 502-235-6259 or 270-300-1496.

903 Motorcycles/Mopeds

1997 Honda Pacific Coast 800cc Limited (Collector Series), fire red, great condition, garage kept/covered, new tires. Full factory windshield, trunk, luggage bags. Comes w/2 red full face helmets matching bike. Less than 8000 miles. Reduced to \$3000 Firm. 803-237-4041.

2000 Kawasaki Vulcan 800 Classic, 4100K miles. Cobra Pipes, Great Sound, lots of chrome. One Owner. \$3200. Call 414-2009.

2001 Suzuki GSXR 750cc, runs great. Chrome rims, Yoshimura slip-on exhaust and chrome hand grips. 12,000 miles. Must Sell. \$3800. Garage stored. Call Phil at (803) 586-8426.

2004 Honda CRF250R Motocross, rarely ridden, in Great Shape. Triple X Graphics. Very clean. Must See! \$3800 OBO. 2002 Honda CR125R, ready to ride, \$1900 OBO. Call Mike, 803-236-1878.

2006 Honda CBR600F4i, 2304 miles, blue, mint condition, garage kept, not raced or lowered. Regular service by Honda Dealer. Extra 4-year extended warranty starts 4/17/08. Matte black Arai 5year helmet and Joe Rocket Army jacket included. \$7900. Serious only, 803-356-9509.

2006 Ninja Kawasaki (636) blue motorcycle with only 788 miles. Asking \$7900 OBO. Also includes matching helmet, jacket, gloves and security system. Excellent condition and deal! Call now, 803-807-8639 or 803-337-6362.

2008 Yamaha Moped, black, 50ccs with max speed of 40 Excellent condition, \$1000. Please call Kerry at 573-528-0591.

903 Motorcycles/Mopeds

Suzuki GSX-R 600, 2006 silver and red. Still new, never been d, female 5 times. brand dropped, female 5 times. \$8600 OBO. Call 803-786-1158, 803-465-2203, 803-419-9406 or cell, 706-464-0831. Only serious people need to inquire.

500cc. 2007 Kawasaki red/titanium, \$3800. Garage stored and covered. 803-466-

Trailers Campers 903

1992 Sunline Camper, 15 ft., good condition. Everything works fine. Roof AC. \$3450. Call cell, 606-309-3290.

2000 300 QB-Ford Coachman Mirada Motor Home, Class A, Satellite TV, Range w/oven, 4KW Onan Generator and much, much more. \$25,000. Call 803-466-1520 for more

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Light industrial needs. Columbia. Must have clean background. Pridestaff 803-782-

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Do you love the elderly? We are seeking compassionate people and CNA's to help seniors at home. Richland and Kershaw counties, and Cola areas. PT, days & wknd. shifts w/flex scheduling available. Exp. Preferred. Call RetireEASE (803)865-5033 or Local 408-1500.

Central Carolina Technical Practical College vacancy: Nursing Instructor #103354CC. Responsible for classroom and clinical teaching primarily in medical-surgical nursing. Other duties include preparing, presenting, and evaluating evaluating program course outlines, and materials instructional advising students, strategies; assisting with student recruitment retention; serving on college committees; and college outreach activities. Requires a Bachelor's Degree in Nursing, RN licensure or eligibility for licensure in SC, and a minimum of two (2) years of current experience in speciality area. Prefer prior teaching experience at post-secondary level and a specialty in medical-surgical nursing or strong clinical background in a closely related area. Salary commensurate with education and experience. Anticipated start date: January 22, 2008 Application review begins immediately. Apply online at http://jobs.sc.gov or apply in person between 8am-4:30pm. Mon-Fri at the Personnel Office, Central Carolina Technical College, 506 N. Guignard Drive, Sumter, SC 29150 or fax a SC State application to 803-778-7878. NOTE: Do not call to confirm receipt of your application unless you have not received acknowledgement after one week. CCTC is an EOE/AA employer.

COLONIAL SUPPLEMENTAL INSURANCE seeking business to business salespersons. Average commission \$56K per year. Training & leads. Call Kristi at 803-467-7007.

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Refrigeration/Equipment Service Technician. Needed. Please call 438-9503 or 788-8708. Employment

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OPERATOR! Hiring qualified high school diploma graduates, ages 17-34 for heavy equipment operation and maintenance. We train with pay and benefits. Call 800-662-7231 for local interview. MPCU has an opening for a Loan Officer/MSR to serve as a liaison between the member and the credit union. Responsibilities include assisting members in person and by telephone: primarily focus on promoting, explaining and cross- selling credit union loan products: approving and disbursing loans. Other duties involve opening

information to our members. Requirements for the position include:

accounts and providing account

- A Minimum of 4 years work related experience in a credit union or other financial institution is required. Previous lending experience is required.
- Four-year college degree preferred but not required. A combination of prior work experience and education may be considered.
- Experience working with Microsoft Word and Excel are required.

• Highly motivated self starter We offer a competitive compensation and benefits that include medical, dental, vision, life insurance, vacation time, 401(k), company funded benefit plan and an overall great work environment. Candidates must pre-employment inquiries, criminal background consumer credit and investigations.

Please send resume with salary history/ requirements to: MPCU, Attn: Dean Scarborough, P.O. Box 549, Lugoff, SC 29078. Fax:

Receptionist/Admin. Asst. Immediate opening for full-time front desk position. This position is ideal for the candidate who enjoys a fast-paced environment, works well with details and enjoys working with people. A minimum of five years experience, proficiency and Microsoft programs professional appearance required. To be considered for a confidential interview, fax resume and salary requirements to: 803-408-1736 or email to: rsscamden@yahoo.com

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Employment

MPCU has an opening for a Mortgage Loan Clerk position. The position will work with Loan Administration to assemble and complete all documentation necessary to process a mortgage loan for closing. Responsibilities include, but are not limited to, processing applications and pulling credit reports, ordering appraisals and preliminary title work, maintaining compliance with state and federal regulations, evaluate appraisals to ensure proper guidelines are followed, prepare closing packages, and perform all other duties as related to mortgage loan processing. Qualified applicants should have:

A minimum of 5 years work related experience mortgage industry emphasizing a detailed knowledge of mortgage loan processing, procedures and supporting documents.

Four-year college preferred but not required. A combination of prior work experience and education may be considered.

Excellent oral and written communications skills.

Experience working with Microsoft Word and Excel are required. We offer a competitive

compensation and benefits that include medical, dental, vision, life insurance, vacation time, 401(k), company funded benefit plan and an overall great work environment. Candidates must consent to pre-employment inquiries, criminal background and consumer credit investigations.

Please send resume with salary history/ requirements to: MPCU, Attn: Dean Scarborough,

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Grav & white neutered male. Gone since Christmas. Wylie & Laurens area. Please call 420-

Lost in the Elgin Area, Taz, a brown lab mix and Kit a black and white border collie. Last seen Christmas Eve. Both are spaved and wearing collars. Please call 803-609-6985 or 803-428-2301.

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**FORECLOSURES/BANK

REPOS** 5BD, 2BA, \$258/mo! 3BD, 2BA, \$207/mo! More homes! Grants for qualified! \$1.95 for listings 800-391-5228

**RENTALS-(All Price Ranges). Large/small, 4BR/3BR/2BR Houses, Condos, Apts, Mobile Homes(SC Housing Vouchers Considered.

Commercial/Office/Retail

Property Available. Gra Realty, Inc. (803)432-7370.

1847 Lovett - Camden 2BR/1BA HOUSE AVAILABLE NOW! Call for Preview! Patton Properties, Inc. (803)256-9134.

1883 Acres Circle, Elgin. Completely remodeled 3BR, 1BA home. 1375 sq.ft. on 1.2 acre lot. \$800/mo. Purchase option available. 803-743-4502.

3BR, 2BA House. \$650/mo. Security deposit required. Contact 803-506-4589 or 803-

Christian lady wants to rent room in Camden Pleasant home. atmosphere. Reasonable rent. 803-420-4969.

1BR mobile home for rent. Central heat & air. \$275/mo., \$150 security deposit. No Pets. 713-0846 or 427-0362.

2BR Home For Rent. Central heat/AC. Newly renovated floors. Electric Stove & Refrigerator. \$500/mo., \$300 security deposit. 2206 Williams St., Camden. 432-4464.

3BD, 2BA HOME \$12,375! Foreclosures/Bank Repos. Homes as low as \$199/mo! Grants for qualified buyers! \$1.95 for listings 800-391-5228 x s118.

3BD, 2BA home \$222/mo. Foreclosures from \$199/mo. 5% down, 20 years @ 8%. For listings 800-391-5228 xT621 (fee required)

3BR, 1BA country home. 400-A Sandspur Road, Camden. \$1,000 down, \$600/month. 463-7388

3BR, 2BA mobile home. 1 year lease. Close to Sandhill Mall. \$550/month, 438-1713.

3BR, 2BA mobile home. Very private location in Camden. close to I-20. \$600/month. 803-427-4463.

3BR/2BA Doublewide. appliances, 1 acre, secluded on dirt road, Elgin. Absolutely NO Pets. \$625/mo, \$625/ security deposit. 438-5238 or 530-2697.

CAMDEN/BETHUNE.

3BR/2BA House, Hwy. 1, behind American Legion, 932 Wateree. \$600/mo, \$600 security. Denton, left @ stop sign, 1601 Kent Place. 1604 Fairfax Drive. \$640/mo, \$640 security. Hwy. 341, 2812 Best Road, \$485/mo, \$485/security. 803-772-8875

CAMDEN: 3BR, 2BA, fenced backyard. Pets OK. Call 729-

Completely renovated, two-story house for rent in historic Kendall Mill Village. Three bedroom, two full baths, large kitchen with new appliances, living room and dining room. Available February 1. \$850 per month plus one month's security deposit. Call 432-1985.

Rentals

FOR LEASE: Located in Lugoff, 160'x60' (9,600 Sq.Ft.) Steel Building: 100'x60' Enclosed Building: Area Includes 10'x10' Office, Bathroom, Concrete Floor, 3-12'x14' & 1-16'x14' Bay Roll-Up Doors and with 60'x60' Open Shed Plus the yard fenced-in. Ideal for truck shop or warehouse. \$1,000.00 per month. Call: 432-4077 or 432-5714.

FOR RENT: 3BR brick house with garage and fenced yard in Lugoff. \$600/month, \$600 deposit. No Pets. Call 438-5500.

Large mobile home lots with trees in the Cassatt area. Not in a mobile home park. Call 432-

Lovely House. Private Yard. \$495/mo. Call 432-0731.

Lugoff Manufactured Home. 2BR, 2BA, appliances, washer & dryer, central heat/air on private property. No calls after 9pm 438-9896.

N Myrtle Beach Condo For Rent \$750 Weekly, \$300 Weekend. Ocean View. Walking distance to restaurants, game rooms & dancing. 803-572-1310 or 572-

NEED RENTERS? ADVERTISE your vacation home to more than 2.8 million South Carolina newspaper readers. Your 25-word classified ad will appear in 101 S.C. newspapers for only \$360. Call Jimmie Haynes at the South Carolina Newspaper Network at

Newly renovated 2BR apartment for rent. Lugoff area. Call 438-

Nice 2BR mobile home in quiet Cassatt family oriented park. Electric heat/air, new wall-towall carpet. \$415, including water. 427-0234. \$415/month

NORTH MYRTLE BEACH, SC-Oceanfront! Up to 20% off your vacation week. Private homes/condos. Spring/Summer Get-A-Ways! Free brochure. Call 1-866-276-6156 or www.northmyrtlebeachtravel.com OFFICES FOR RENT. 3

Downstairs Approx. 900 sq.ft. & one upstairs. West DeKalb Motors, Lugoff. 438-8855(days), 432-9584(after 6pm).

PAWLEYS LITCHFIELD, Deboridieu, the Jewels of the South Carolina Coast. House/Condo Rentals. Beach vacations start here! www.lachicotte.com For availability call 1-800-422-4777.

RENT, LEASE OR SELL. Remodeling-Will Build to Suit. 1800 sq.ft. with office. \$500/month. 1314 Skyview Drive, Camden(Old Sealtest Building). Sell or Lease-Price is Negotiable. No Deposit Required. Call Brett Morris with Morris Pest Control at 432-5556.

SANTEE - 4BR Waterfront home on 2 acres, boat ramp, pier, sandy beach, screened porch, sleeps 13, winter rate-\$1000/wk. 3BR winter rate-\$1000/wk. 3BR second house available, across the street, sleeps 7. \$500/wk. 843-442-8069.

Se rentan apartamentos+casas Apartamentos desde \$400-\$600 con 2 cuartos. Casas desde Casas desde \$700.00 con cuartos. Telefono (803)427-5159. Graham

Townhouse For Rent, 901 Fair Street. Newly remodeled. 2-story, 2BR, 1BA, new appliances with washer/dryer hook-up. \$495 plus deposit. References required. 803-432-9537.

Service & Repair
**Additions, Vinyl Siding &
Windows, Kitchen, Bathroom, Decks, Painting, Insurance Claims. Free Estim Ceramic Tile. 803-438-7463. Estimate.

*A Notch Above Tree Care. Full tree service w/stump grinding. Licensed and insured. Free Estimates. Reasonable rates. 28 yrs. experience. 803-669-9136 or 803-983-9721. 24 Emergency Service Hour

Cox's Home Repair

Electrical, Carpentry, Plumbing, Etc. 408-2625, Cell 420-8668

26 YEARS EXPERIENCE Remodeling/Additions, Garages, Vinyl Siding, Shingles, Metal Roofing, Concrete. Darryl Roofing, Concrete. Darryl McCaskill. Painting, call Linda. 424-1253/549-7860(cell). Licensed and Bonded.

A1 Top Choppers Tree Service. Licensed, Bonded, Fully Insured. Tree trimming, removal, all forms of tree work. 572-1975, 438-8740.

Backhoe and Bush Hogging, Lot Clearing and Grading. 432-7598 or 309-0508.

Barnhill's Tree Service. Tree trimming & removal. Reasonable, Reliable, Licenseu & Bonded. Free Estimates. 425-

C&T Lawn Masters for well-kept lawn and more. Pressure Washing, Grass Cutting, Hedges, Raking, Debris Removal. We do it all. 438-5640.

Decks Unlimited-Southern Style Metal Roofs: Free Estimates. Decks, Porches, Sheds, Metal Roofs, Playhouses, Horse Stables, Home Repairs, Framing & Additions. Licensed/Insured. Randy 803-713-0540/(c)803-309-2303/(c)803-243-2654

Heating & Air Conditioning Service, Repair & Replacement. No heat or air? Same day service. 803-438-6518 or cell 238-4640.

HOMEGUARD CONSTRUCTION

remodeling, & additions, tile, vinyl siding, replacement windows, decks, painting. windows, decks, painting, electrical, plumbing. Licensed, Bonded. FREE Estimates. 438-

LOCKSMITH

A-1 Camden Lock & Key. 24 hour service. Doors unlocked, locks installed, keys replaced. Call 243-8447 or 424-0090.

Man around the house, handyman services, No job to small. Call 420-4168

McCaskill's Construction. Building & Remodeling, Vinyl Siding, Metal & Shingle Roofs. Garages & Replacement Windows. Free 243-9293, John Estimates. McCaskill.

Snyder's Stump Grinding. Most for as little as 75¢ an inch. Call 425-4268, leave message, or (cell) 427-1226.

TREE WORK: Professional Tree Service, since 1984. Licensed and bonded. Free estimates. Please call 432-9385. 24-hour Emergency Service.

Triple H Specialties. Land clearing, hauling, grading & pond construction. Call Jason

Transportation

POLICE IMPOUNDS 1996 Honda Civic \$800. 1992 Lexus ES300 \$975. More cars available! \$1.95 for listings 800-391-5227 x N265.

1995 740 IL BMW. One owner. 27,000 miles. Replacement Cost \$75,000. New Tires. Asking \$22,900. Call 803-669-3707. Transportation

1963 Ford Falcon Convertible Original V8, 260HP, 4 speed transmission, new convertible top, older restoration. Asking \$24,000. Call 803-669-3707

1999 SD F250 4x4 Supercab, 6.8L EFI V-10. Deep Wedgewood Blue/Grey Interior. 170K, One Owner/Well Kept. \$13,200, 704-773-0868.

2000 S500 Silver Mercedes in condition. Low miles. mint Fully loaded. Call 803-243-6082.

2001 Dodge 1500 4x4 Quad Cab. Fully loaded. Good condition. Burgundy exterior, tan interior. 98,000 miles. \$8500 OBO. Call 803-513-6495.

2004 Nissan 350Z, 45,000 miles, leather, all power, \$19,400. Pampered! 2001 Expedition, Eddie Bauer, 113,000 miles, \$8400. John Gardner, 427-7372

ATTENTION: No Credit, Bad Credit, No Problem. Come by Credit Auto Sales and ride today! Down payment as low as \$500. #1 South, Lugoff. 438-2700.

For Sale: 2000 Chrysler Sebring Convertible, Runs good, looks good, 112K miles. \$2800 As Is-FIRM. Call 420-1019.

Wanted to Buy I buy junk cars and pay top dollar. No one can beat my price. 803-459-3994.

We will buy your junk vehicles. 803-438-8633.

Yard Sale

YARD SALE: January 12, 6:00am-until. Mens, women, children clothing & misc. household items. 309 Lafayette Way, Camden.